Commissioning integrated Early Years services for better outcomes

PH perspective

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Commissioning integrated Early Years services

• What do we mean by integrated services?
  – Oxford dictionary: ‘Integrate = combine parts into a whole’

• Which parts?
  – Public health, education (& social care)
  – Public health 0-5 yrs and 5-19 yrs
  – Public health, other health services
  – Child (early yrs) and adult services
  – Hybrids / other

• Purpose
  – Better experience (for CYP & families, staff); better outcomes, less cost
## Commissioning integrated Early Years services for Better Outcomes

### Comparison of indicators in Merton, Region England, and England

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Period</th>
<th>Merton</th>
<th>Region England</th>
<th>England</th>
<th>Worst</th>
<th>Range</th>
<th>Best</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 18 conceptions</td>
<td>2014</td>
<td>↓</td>
<td>60</td>
<td>19.7</td>
<td>21.5</td>
<td>22.8</td>
<td>42.4</td>
</tr>
<tr>
<td>Emergency admissions (aged 0-4)</td>
<td>2014/15</td>
<td>↑</td>
<td>1,665</td>
<td>104.3</td>
<td>105.9*</td>
<td>147.0</td>
<td>265.8</td>
</tr>
<tr>
<td>Hospital admissions for accidental and deliberate injuries in children (aged 0-4)</td>
<td>2015/16</td>
<td>↓</td>
<td>196</td>
<td>122.3</td>
<td>97.6</td>
<td>129.6</td>
<td>254.2</td>
</tr>
<tr>
<td>Infant mortality</td>
<td>2013 - 15</td>
<td>–</td>
<td>25</td>
<td>2.5</td>
<td>3.4</td>
<td>3.9</td>
<td>7.9</td>
</tr>
<tr>
<td>Low birth weight of term babies</td>
<td>2015</td>
<td>↑</td>
<td>79</td>
<td>2.5%</td>
<td>3.0%</td>
<td>2.8%</td>
<td>4.8%</td>
</tr>
<tr>
<td>Reception: Prevalence of overweight (including obese)</td>
<td>2015/16</td>
<td>↓</td>
<td>420</td>
<td>18.8%</td>
<td>22.0%</td>
<td>22.1%</td>
<td>30.1%</td>
</tr>
<tr>
<td>Smoking status at time of delivery</td>
<td>2015/16</td>
<td>↓</td>
<td>130</td>
<td>4.8%</td>
<td>5.0%*</td>
<td>10.6%*</td>
<td>26.0%</td>
</tr>
<tr>
<td>A&amp;E attendances (0-4 years)</td>
<td>2015/16</td>
<td>↓</td>
<td>9,959</td>
<td>621.7</td>
<td>706.7</td>
<td>587.9</td>
<td>1,836.1</td>
</tr>
<tr>
<td>Breastfeeding prevalence at 6-8 weeks after birth - current method</td>
<td>2015/16</td>
<td>–</td>
<td>1,992</td>
<td>*</td>
<td>*</td>
<td>43.2%*</td>
<td>18.0%</td>
</tr>
<tr>
<td>Breastfeeding prevalence at 6-8 weeks after birth - previous method</td>
<td>2014/15</td>
<td>–</td>
<td>1,495</td>
<td>*</td>
<td>*</td>
<td>43.8%</td>
<td>19.1%</td>
</tr>
<tr>
<td>Population vaccination coverage - MMR for two doses (5 years old)</td>
<td>2015/16</td>
<td>↑</td>
<td>2,570</td>
<td>80.0%</td>
<td>81.7%</td>
<td>88.2%</td>
<td>56.5%</td>
</tr>
<tr>
<td>°C high temperature</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>°C high temperature</td>
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</tr>
<tr>
<td>Children achieving a good level of development at the end of reception</td>
<td>2015/16</td>
<td>–</td>
<td>1,915</td>
<td>71.2%</td>
<td>71.2%</td>
<td>69.3%</td>
<td>59.7%</td>
</tr>
</tbody>
</table>

Source: PHE Early Years Profile –Merton: https://fingertips.phe.org.uk/profile-group/child-health/profile/child-health-early-years
Commissioning integrated Early Years services

• What do we mean?
  – Not just procurement!

• LA responsibility = 0-19 health child programme (HCP)
  – Health visitors (HV), incl family nurse partnership (FNP)
  – School nurses, incl national child measurement programme (NCMP: reception & yr 6)

• NHS to LA transfer
  – Lift & shift
  – Contracts, not workforce
  – Providers remained NHS trusts

• Transition to transformation
  – New service models and providers
  – Some LA in-house provision
Healthy Child Programme: The 4-5-6 approach for health visiting and school nursing

0–5 years
HEALTH VISITING

ACCESS  EXPERIENCE  OUTCOMES

0–19

5–19 years
SCHOOL NURSING

VISIBLE  ACCESSIBLE  CONFIDENTIAL

HCP
HEALTHY CHILD PROGRAMME

6
HIGH IMPACT AREAS

Parenthood and early weeks
Maternal mental health
Breastfeeding
Healthy weight
Minor illness and accidents
Healthy 2 year olds and getting ready for school

5
HEALTH REVIEWS

Antenatal health promoting visit
New baby review
6-8 week assessment
1 year review
2-2½ year review

4
LEVELS OF SERVICE

Community
Universal Services
Universal Plus
Universal Partnership Plus

5
HEALTH REVIEWS

4-5 year old health needs assessment
10-11 year old health needs assessment
12-13 year old health needs assessment
School leavers – post 16
Transition to adult services

6
HIGH IMPACT AREAS

Resilience and wellbeing
Keeping safe
Healthy lifestyles
Maximising learning and achievement
Supporting complex and additional health and wellbeing needs
Transition

Safeguarding

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Healthy Child Programme: Pregnancy and the first five years of life
Healthy Child Programme: 5 to 19 years old

EARLY YEARS

COMMUNITY

School nursing vision
National health visitor plan
Healthy Child Programme: Pregnancy and the first five years of life
Healthy Child Programme: 5 to 19 years old
What works?
Evidence / commissioning guidance/case studies
## Integration?

<table>
<thead>
<tr>
<th>Service type</th>
<th>Provider</th>
<th>Commissioner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maternity services</td>
<td>NHS hospital trust</td>
<td>CCG</td>
</tr>
<tr>
<td>Primary Care</td>
<td>GP practices</td>
<td>CCG / NHSE</td>
</tr>
<tr>
<td>0-5 HCP; FNP</td>
<td>Community health care trust</td>
<td>LA PH / CS</td>
</tr>
<tr>
<td>CHIS; imms; screening</td>
<td>Community /acute trust</td>
<td>NHSE</td>
</tr>
<tr>
<td>Children’s acute health care</td>
<td>NHS hospital trust</td>
<td>CCG / NHSE for specialist services</td>
</tr>
<tr>
<td>Community paediatrics</td>
<td>Hospital/ community trust</td>
<td>CCG</td>
</tr>
<tr>
<td>CAMHs/adult mental health</td>
<td>Mental health trust</td>
<td>CCG (NHSE for tier 4)</td>
</tr>
<tr>
<td>Dental; oral health promotion</td>
<td>NHS/private dentists; community dental services</td>
<td>NHSE / PHE (on behalf of LA)</td>
</tr>
<tr>
<td>Drugs and alcohol services</td>
<td>Mental health trust, vol sector</td>
<td>LA PH</td>
</tr>
<tr>
<td>Children’s centres/early yrs/children social care</td>
<td>LA, schools, vol sector</td>
<td>LA CS</td>
</tr>
<tr>
<td>Domestic violence/IDVA</td>
<td>Vol sector</td>
<td>LA community safety</td>
</tr>
</tbody>
</table>
Local challenges & opportunities

• Money (‘more for less’; PH grant ↓; public sector spending ↓; NHS finance trouble)
• False dichotomies (prevention vs treatment; universal vs targeted; determinants vs services; adults vs children; NHS vs LA)
• HWBB / HWB strategy (Cllrs & GPs as place shapers and advocates for early yrs; PH as honest broker)
• Sustainability & transformation plans (STP); devolution
Local examples

- 0-19 HCP integrated with other health services
  - HV, SN, FNP; healthy weight; community therapies; nurses for special schools, EHCP team, LAC and MASH
  - Co-production relationship with provider
  - Co-location in Children’s Centres
  - Shared ‘think family’ approach and CYP wellbeing model

- Joint CYP commissioning function between PH, CS and CCG (from 1 April)
  - Above & CAMHs; community paediatrics
  - CCG CYP and CAMHs commissioners seconded into LA
  - Function not structure; under PH (accountable to DCS)
London ADPH – Best start in life

- **AIM:** strategic leadership & advocacy for CYP HWB; transformation of HCP 0-19 years
- HV transition oversight: secured additional allocation for several London boroughs; strengthened partnership working with London Council, NHSE and PHE
- Collaboration with NHSE on re-procurement & mobilisation of London CHIS system
- Development of the London CYP PH network
- Work with Healthy London Partnership (HLP) and LSCB (ie prevention board; London CDOP project)
- Contributing to Mayor’s Health Inequality Strategy
  Early yrs priority
Conclusions / reflections

• It’s not a tame problem, it’s complex +++
• Focus on improved outcomes / reduced inequalities as compass and motivator
• Commissioning is a tool not an end in itself (it comes and might go, ie FYFV new care models)
• Invest in relationships (cross-council, partners, staff, children, parents, community)
• Look out for windows of opportunity
• Keep relentless focus on what works/or not
• Plenty of enablers: IT /data sharing at the top