

# SUPPORT FOR CARE AND HEALTH LEADERS



# Introduction

We know local leaders want to help their communities stay healthy and receive the best possible care. Reforming our care and health system is vital to be able to meet these challenges.

# Supporting leadership

Our range of leadership development events, workshops, and publications will help you transform your local systems.

## Leadership Essentials

For anyone wanting to strengthen the leadership of your local health and care systems, these events run with NHS Clinical Commissioners are a must attend.

This two day residential course is an opportunity to reflect on the challenges of being a leader in health and social care and to share experiences and learn from each other. Using the Local Government Association's (LGA) tried and tested approach to leadership development, the programme will be led by LGA peers and national partners, and will focus on a range of current and crucial issues.

### Health and wellbeing

18–19 July 2019

15–16 Oct 2019

5–6 November 2019

Aimed at chairs, co- or vice-chairs, clinical commissioning group (CCG) chairs or those with a leading political role in the public health, health and care system.

### Adult social care

5–6 November 2019

Reflecting joint responsibilities across health and care, this free event for those with cabinet-level responsibility for adult social care will run simultaneously with the health and wellbeing course linked by shared speakers and facilitators. A joint dinner on the evening of 5 November will provide a wider networking opportunity.

### More information

**All are free.** Participants only need cover their travel costs. Places are limited and early booking is recommended. The sessions are held in the Warwick Conference Centre, Coventry.

For further information and to book a place contact Grace Collins on 020 7664 3054 or [grace.collins@local.gov.uk](mailto:grace.collins@local.gov.uk)

## Resources for new members

### Induction session

26 June 2019, 10.30am–3.30pm

If you are new to a leading role in a health and care system, this free induction session will brief you on the policy issues, look at leadership challenges, and relate both to your local area. As well as hearing from a range of participants across the health and care system, you will hear about further support on offer and have plenty of opportunity for discussion and networking.

The event will be held at the LGA in central London. For further information and to book a place, please contact [paige.edwards@local.gov.uk](mailto:paige.edwards@local.gov.uk)

### ‘Must knows’

The ‘Must knows’ are a long-standing and free source of information which focus on the key issues facing portfolio holders. They explore questions and challenges in key areas in health and adult social care from a member perspective and are updated on a rolling basis.

More information is available at [www.local.gov.uk/must-knows-lead-members-adult-social-care](http://www.local.gov.uk/must-knows-lead-members-adult-social-care)

# Leading change locally

The Community Wellbeing Board is responsible for LGA activity on wellbeing, social care and health. We offer a range of resources for local leaders on these key issues, tailored to local needs.

## Integration

Local leaders across the country are already bringing together services and doing things differently in order to achieve improved outcomes for local citizens. The LGA and partners have published a joint vision for a fully integrated health and care system 'Shifting the centre of gravity': [www.local.gov.uk/shifting-centre-gravity-making-place-based-person-centred-health-and-care-reality](http://www.local.gov.uk/shifting-centre-gravity-making-place-based-person-centred-health-and-care-reality)

The LGA, together with partners, provides a wide range of workshops and tools to support health and care leaders progress their integration ambitions locally. These include:

### **When worlds collide: how local government and NHS leaders can work more effectively together**

– these workshops explore organisational difference between the NHS and local government. To find out more, contact [katherine.mitchell@local.gov.uk](mailto:katherine.mitchell@local.gov.uk)

### **Shifting the centre of gravity: integrated leadership tool**

– this half day session will enable local health and wellbeing system leaders to identify what more is needed to escalate the scale and pace of integration, it can be adapted to a range of complex situations, including across diverse structures or multiple planning and commissioning footprints. For further information, contact [caroline.bosdet@local.gov.uk](mailto:caroline.bosdet@local.gov.uk)

**Making integration happen** – this includes a range of resources and workshops to support leaders to progress integration ambitions around key enablers, including identifying the benefits of integration in terms of financial or quality improvements; developing a local care model; understanding systems finances; developing effective partnership governance; and systems to measure impact.

## Better Care Fund (BCF)

The LGA, as a national partner in the Better Care Support Programme, also delivers support to health and wellbeing board partners to develop, agree and implement BCF plans and proposals. This includes universal and targeted support to address performance issues.

## Care and health innovation and transformation

Our support offer helps councils in the design of care and support, assists in the innovative use of digital technology and supports effective information sharing across social care and health:

[www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/informatics](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/informatics)

## System resilience

We are working with key national partners to support authorities and their partners to manage patient flow and minimise unnecessary lengths of stay in hospital. Our approach to system resilience moves away from the concept of winter pressures to a year round approach supporting timely hospital discharges.

For information about any of these offers, visit [www.local.gov.uk/care-and-health-improvement-programme-integration-support-offer-health-and-care-system-leaders](http://www.local.gov.uk/care-and-health-improvement-programme-integration-support-offer-health-and-care-system-leaders) Alternatively, email [chip@local.gov.uk](mailto:chip@local.gov.uk), if you have any questions and discuss which support offer would best meet your system's needs.

## Public health

The transfer of public health is one of the most significant extensions of local government powers and duties in a generation. It is a unique opportunity to change the focus from treating sickness to actively promoting prevention, health and wellbeing.

### Prevention matters workshop

This free one-day workshop will help elected members champion health improvement and prevention in their communities and actively promote health and wellbeing. Aimed at elected members from all types of councils and in any role, the session can be tailored to your area's requirements. For further information or to arrange a workshop contact [kate.biddlecombe@local.gov.uk](mailto:kate.biddlecombe@local.gov.uk)

### Health in All Policies (HiAP)

The HiAP self-assessment offer is a free one-day facilitated workshop with councils and their partners, using expert facilitators, to work through the self-assessment and develop a series of actions to enable the council to move forward with addressing the wider determinants of health. For further information contact [kate.biddlecombe@local.gov.uk](mailto:kate.biddlecombe@local.gov.uk)

For more details on our integration, prevention and bespoke support for health and wellbeing boards, contact [katherine.mitchell@local.gov.uk](mailto:katherine.mitchell@local.gov.uk)

The LGA supports local leadership of public health – including both physical and mental health – in a range of ways including the workshops listed above; bespoke support; and organising events, good practice resources and case studies for local authorities and their partners on specific public health themes.

More information on our work is available at [www.local.gov.uk/topics/social-care-health-and-integration/public-health](http://www.local.gov.uk/topics/social-care-health-and-integration/public-health)

## Sustainable funding of adult social care

Building on the LGA's own Green Paper<sup>1</sup>, the Board will continue to lobby for sufficient and sustainable resources to enable local government to enable local people to lead the lives they want to lead. More information is available at [www.local.gov.uk/topics/social-care-health-and-integration](http://www.local.gov.uk/topics/social-care-health-and-integration)

The LGA also helps councils use their limited resources effectively.

Our support offer for developing innovative, efficient and sustainable approaches in care and health includes a range of tools, with a focus on self-assessment:

- A toolkit to enable councils to assess to what extent they are the best use of their resources and promoting personalisation in a challenging environment.
- The adult social care risk awareness tool supports health and care system leaders in targeting limited resources on the right issues in social care and identifying mitigating action to address their most pressing risks.
- In addition to the risk tool, leaders in social care can access a free workshop of up to one and a half days to undertake the self-assessment exercise with skilled and experienced facilitators in a confidential and peer-supported environment with partners if appropriate. To book this workshop, contact [liz.greer@local.gov.uk](mailto:liz.greer@local.gov.uk)

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1 [www.local.gov.uk/lives-we-want-lead-lga-green-paper-adult-social-care](http://www.local.gov.uk/lives-we-want-lead-lga-green-paper-adult-social-care)

- Evidence, case studies and learning from the LGA Adult Social Care Efficiency programme can be found on [www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/efficiency-adult-social-care](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/efficiency-adult-social-care)
- Regionally based use of resources workshops to support Directors of Adult Social Services in ensuring that they are providing value for money in the use of limited resources. Contact Amanda. Whittaker-Brown@local.gov.uk or go to [www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement)

## Keeping in touch

The **Health, Adult Social Care and Ageing bulletin** is part of the range of free online LGA information bulletins and a daily news headlines service, emailed direct to councillors and officers:  
[www.local.gov.uk/ebulletins](http://www.local.gov.uk/ebulletins)

# Leading improvement

## **Peer challenge**

Peer challenge is a core element of our sector-led improvement offer to local authorities.

## **NHS Collaboration peer support for local systems**

The LGA with NHS Providers, NHS Clinical Commissioners and the NHS Confederation have come together to develop a uniquely sector-led approach which offers support for sustainability and transformation plans (STP) and local systems which voluntarily seek help from within the sector. To find out more, contact [marcus.coulson@local.gov.uk](mailto:marcus.coulson@local.gov.uk)

## **System-wide care and health (prevention) peer challenge**

Having a peer challenge can help your system/ place understand the degree to which prevention activities, plans and priorities are making a real difference to promoting the independence of people with long-term chronic conditions, preventing ill health, improving health and wellbeing and tackling health inequalities.

Contact [kay.burkett@local.gov.uk](mailto:kay.burkett@local.gov.uk) if you are interested in this peer challenge or joining us on one of the peer teams.

## **Focused peer challenges**

These challenges, which include adult safeguarding, adult social care and other more specialised areas such as commissioning for better outcomes, Use of Resources and Mental Capacity Act (MCA) including Deprivation of Liberty Safeguards (DoLS) are focused on driving improvement. Each chargeable challenge will focus on issues identified in discussion with the local authority and utilise highly-experienced peers in the relevant services areas.

For more information on the peer challenges available see [www.local.gov.uk/our-support/peer-challenges/peer-challenges-we-offer](http://www.local.gov.uk/our-support/peer-challenges/peer-challenges-we-offer)

# Specific information and support offers

## Ageing, mental health and vulnerable groups

The LGA works with key partners on dementia, autism, mental health, the Armed Forces Covenant and housing for people with care and support needs: [www.local.gov.uk/topics/social-care-health-and-integration/adult-social-care](http://www.local.gov.uk/topics/social-care-health-and-integration/adult-social-care)

## Commissioning and market management

Support for this includes developing updated guidance on Market Position Statements, developing market analysis tools, producing market shaping and contingency planning guidance, publishing case studies, and encouraging Constructive Conversations between providers, commissioners and people using services. Our joint vision for Integrated Commissioning for Better Outcomes 2018 offers a self-assessment tool.

More information on support for shaping diverse and sustainable markets that provide high quality care and support for the whole population is at [www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/commissioning-and-market-shaping](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/commissioning-and-market-shaping)

## Safeguarding

The LGA works with a range of partners to provide resources to help local councils and their partners fulfil their safeguarding responsibilities, with a focus on making safeguarding personal: [www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/making-safeguarding-personal](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/making-safeguarding-personal)

## Social work

Reflecting challenges around recruitment, retention and integration, information for councils on improving working practices and providing support for social workers can be found at: [www.local.gov.uk/our-support/workforce-and-hr-support/social-workers](http://www.local.gov.uk/our-support/workforce-and-hr-support/social-workers)

## Transforming Care

Key national organisations are working together to improve the care and support for people with learning disabilities and/or autism and mental health problems or behaviour that challenges: [www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/transforming-care](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/transforming-care)

# Understanding the local picture

**LG Inform** is the LGA's free and interactive online reporting and comparison tool based on council areas. It contains a range of reports across health, wellbeing and social care themes: [www.local.gov.uk/about-lginform](http://www.local.gov.uk/about-lginform)

A single point of access to a range of **key data tools and resources** relevant to health, wellbeing and social care outcomes can be found at [www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/information-tools-and-resources](http://www.local.gov.uk/our-support/our-improvement-offer/care-and-health-improvement/information-tools-and-resources)

To include your council's work in the **Innovative Councils** resource or look at other examples in care and health, go to [www.local.gov.uk/innovation](http://www.local.gov.uk/innovation)

## Bespoke support

To find out more about our services or to discuss any support or mentoring you may need, please contact your principal adviser: [www.local.gov.uk/our-support/lga-principal-advisers](http://www.local.gov.uk/our-support/lga-principal-advisers)

We also want to hear from **you**. Our offer to councils is being refreshed all the time in response to what you tell us you need.









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We consider requests on an individual basis.

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