



Greater Manchester
Integrated Care


Greater Manchester Suicide Prevention Programme



Deaths by Suicide

- 2021 - awaited
- 2020 - 201
- 2019 - 249
- 2018 - 257





Invested in Suicide Prevention Training

“Knowledge will bring you
the opportunity to make a
difference”.

- Claire Fagin

Care Leaver Workforce

Many care experienced youngsters are living alone at the age of 18 with limited support. They are often lonely, isolated and struggling with unresolved trauma as a result of the adversity they have faced as children.

Aiming to reach 330 staff.



**Supporting Care
Leavers with the
building blocks to a
positive future**

Social Prescribing Link Workers

Social prescribing involves helping people to improve their health and wellbeing by connecting them to activities in the community. Link Workers connect those feeling lonely, overwhelmed or in need of help to a range of local support, from community and activity groups to work, debt or housing advice.

They can help with:

- » Getting people to focus on their own priorities and the things that affect their wellbeing
- » Supporting people to take more control of their health
- » Introducing people to groups and activities in their community



Helena Ali,
Link Worker

Social Prescribing Link Workers

A training needs survey conducted with 200+ staff last year highlighted the need for suicide prevention training.

Aiming to reach 200 staff

Domestic Abuse Workforce

DA links to suicide are under-researched but we know enough to be concerned.

Aiming to reach 200 staff.



Every day, IN THE UK ALONE, 30 women attempt suicide as a result of abuse. Women can feel so trapped, and be rendered so powerless by the machinations and manipulations of their abuser, that they feel the only way out is to end their life.



Feedback so far...

Would you be happy to recommend this training to others?

100% Yes

Feel more able to ask about suicidal thoughts/plans and have a conversation to support for people who are presenting as suicidal.

So needed in the current times we live in, and well delivered - everyone could benefit from this training.

I am more aware and confident to talk and help someone.

I'm taking away the reminder 'Never underestimate the value of simply listening, listen to understand rather than listen to reply'.

THANK YOU

Contact details:
adele.owen1@nhs.net