

Community Capacity Building in the Adult Social Care Context Webinar

Thursday 07 December 2023 – 11:00AM – 12:15PM
Partners in Care and Health

The **Local Government Association** and **Association of Directors of Adult Social Services** are **Partners in Care and Health** (PCH) working with well-respected organisations.

PCH helps councils to improve the way they deliver adult social care and public health services and helps Government understand the challenges faced by the sector.

The programme is a trusted network for developing and sharing best practice, developing tools and techniques, providing support and building connections.

It is funded by Government and offered to councils without charge.

www.local.gov.uk/PCH

**Cath Roff MBE
Project Director
Social Care Transformation,
Adults and Health,
Leeds City Council**

Community Capacity Building in an Adult Social Care context

Cath Roff

Project Director: Social Care Transformation, Adults and Health,
Leeds City Council



What is ABCD?

"ABCD is a neighbourhood-based community building approach that uses community organising methods to identify, mobilise and strengthen the capacities or asset of individuals, families and communities".

John McKnight



Why ABCD in Leeds

- Leeds City Council's priorities and values
- Diverse Third Sector and investment in Third Sector infrastructure
- Strong foundation of community development
- Strength based approach to social care



The Leeds ABCD Model

DISCOVER

CONNECT

MOBILISE

COMMUNITY BUILDERS

COMMUNITY CONNECTORS

COMMUNITY LED INITIATIVES

Discovery conversations
Asset Mapping

Connecting People
Connecting Assets
Connecting Ideas

Small Sparks
Leading by stepping back



Leeds Beckett University:

Evaluation of Leeds ABCD (July 2021)

Evaluation framework

- People and communities are better connected and more resilient
- Communities identify and work to bring about the changes they want to see
- People have good friends
- People live happier, more independent lives for longer

Social return on Investment

- Between £5.27 and £14.02 of social value returned for every £1 invested

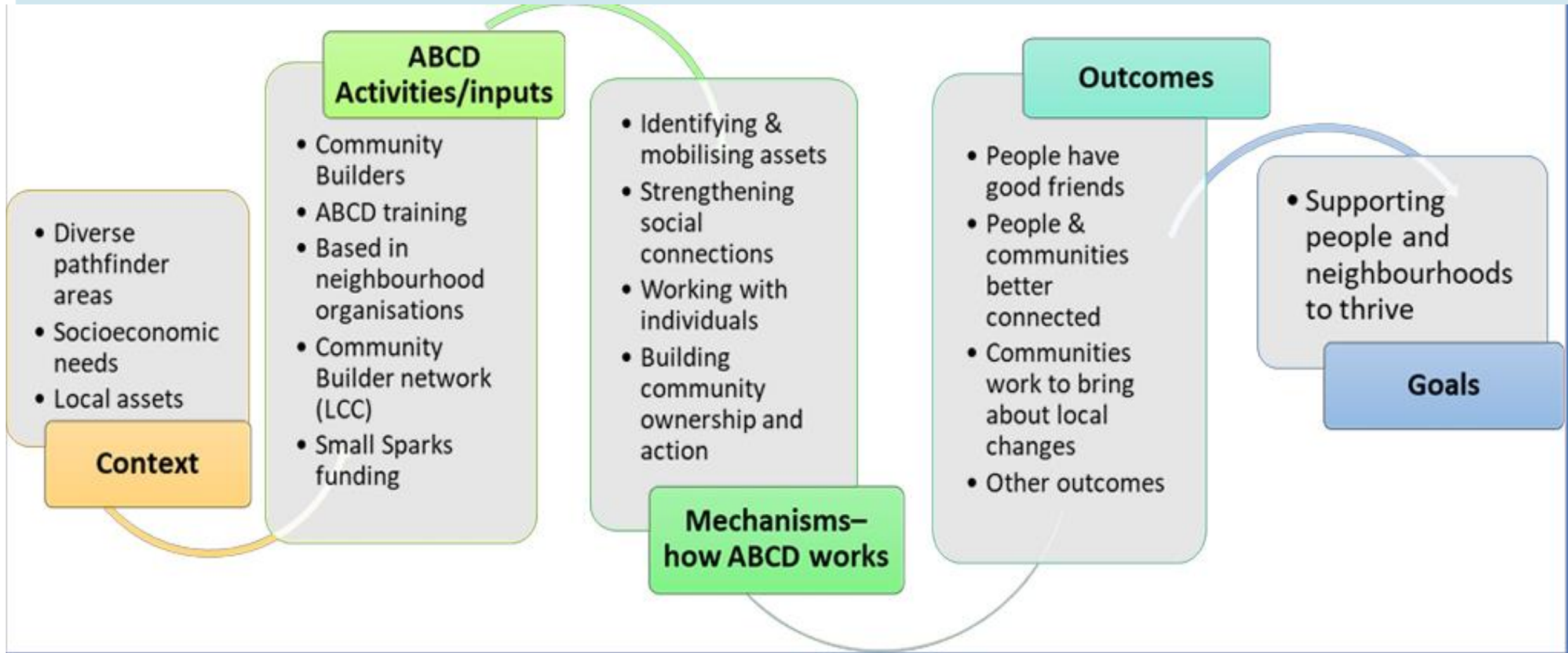


Key findings

1. There is **strong** evidence that ABCD works in different communities and contexts
2. There is **promising** evidence regarding the Community Connector role
3. There is **strong** evidence on strengthening local groups and new community activities.
4. There is **promising** evidence of friendships, with a plausible causal chain from foundations to meaningful relationships.
5. There is **strong** evidence for better social connections.
6. There is **strong** qualitative evidence on the typical pathway to community change with clear links between early asset-based conversations with later community action.
7. There is **promising** evidence on community change.



Theory of change model



Key Ingredients for Success

- Leadership support
- Culture of permission/innovation
- Willingness to cede control/accept risk



Four level approach in Leeds

1. Grassroots/ community level
2. Practitioner level
3. Service level
4. Whole system level



Working on a whole system

- ABCD supports Leeds Best City Ambition
- ABCD Steering group
- Asset Based Leeds City Council Staff Learning Network
- ABCD Training and Learning Collective
- Building our relationship with the Third Sector in Leeds
- ABCD plan on a page



Contact

ABCD email: abcd@leeds.gov.uk

Website: www.abcdinleeds.com

X (Twitter): [@abcdinleeds](https://twitter.com/abcdinleeds)



Gill O'Hare

**Community Development Manager
Implementation Lead – Communities Together
(Community Led Support)
Implementation Lead – Community Catalysts
Adult Social Care, Health Integration and
Wellbeing Stoke-on-Trent City Council**

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Community Development Manager
Implementation Lead – Communities Together (Community Led Support)
Implementation Lead – Community Catalysts
Adult Social Care, Health Integration and Wellbeing
Stoke-on-Trent City Council

Communities Together Stoke-on-Trent

Communities Together Stoke-on-Trent is being run as part of the national Community Led Support Programme. (<https://www.ndti.org.uk/>)

The approach:

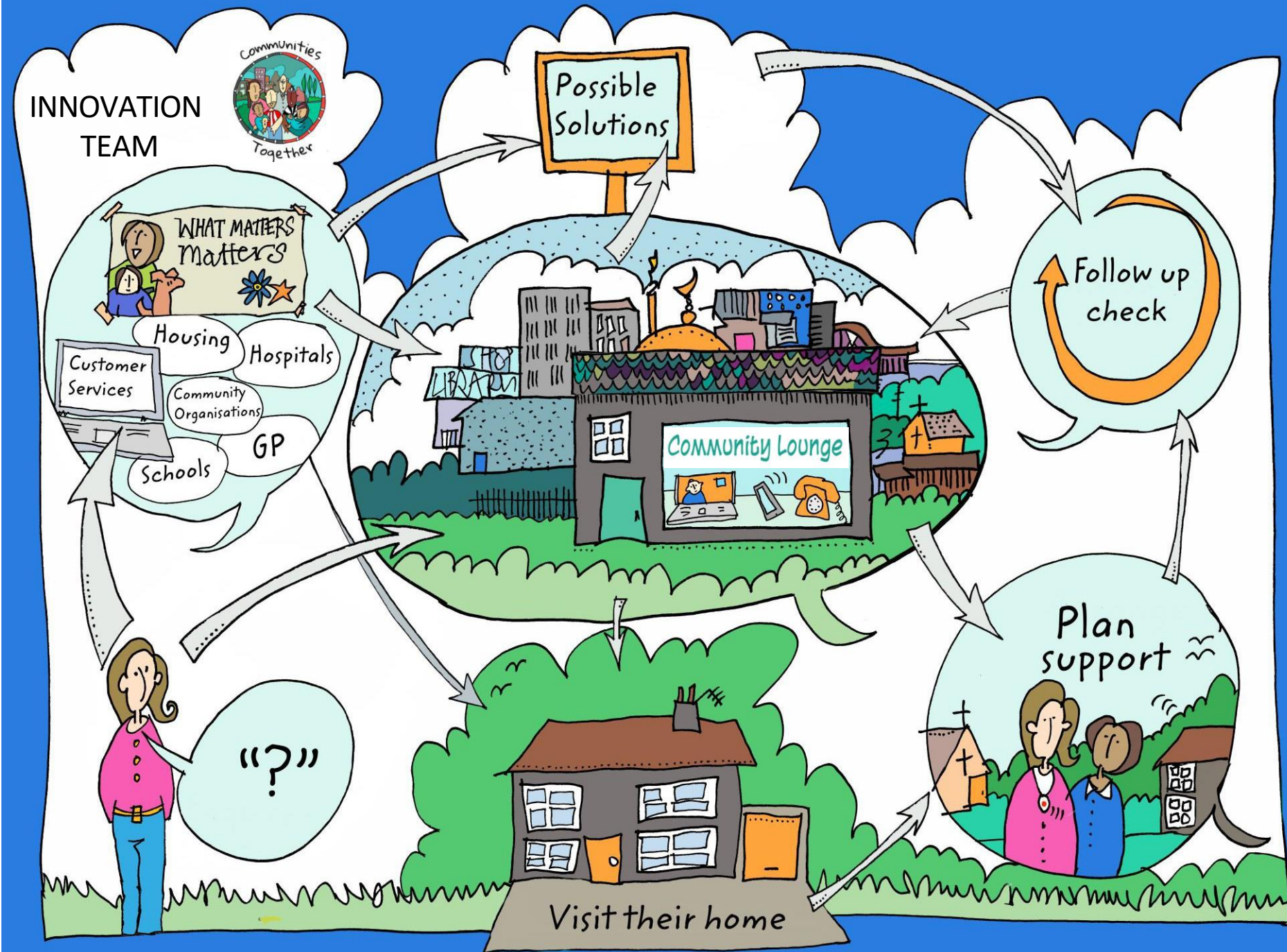
A network of over 30 organisations from the public, private and voluntary sector working in partnership with their communities to design and deliver different ways of working which maximise the strengths and community connections of people locally.

<https://communities-together.co.uk/about-comunities-together/>

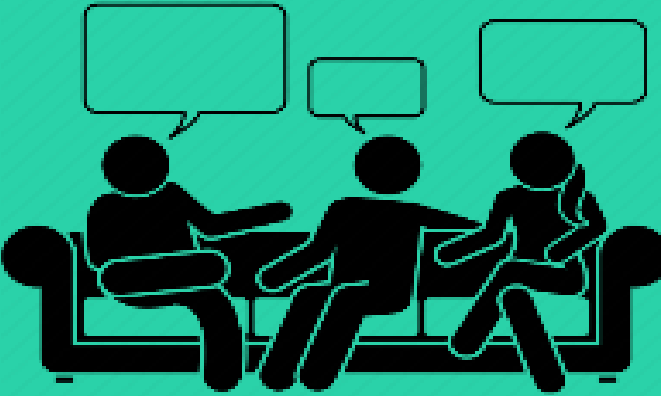




- An approach/ a way of working that combines **strengths based support and care** with a focus on **community assets**
- **Whole system** – brings teams, agencies and organisations together to share collective skills and resources to ensure people get the support and care they need easily and quickly
- **Disruptive** – cuts through silo working and requires change to established habits
- **Coproduced** at a local level bringing teams and organisations together to design new ways of working that builds on their collective strengths
- **Requires trust** – across those various teams and agencies in order to **reduce bureaucracy and process** and to focus on best outcomes and experience for the person
- **Evidence based** – doing the right thing works – for people, for staff and for organisations



What support will the Community Lounge provide?



POP UP

Physical Health Supports..
Diabetes/Blood Pressure/ Foot checks/Pain Management Clinic/Pulmonary Rehab in the Community

Community Lounge

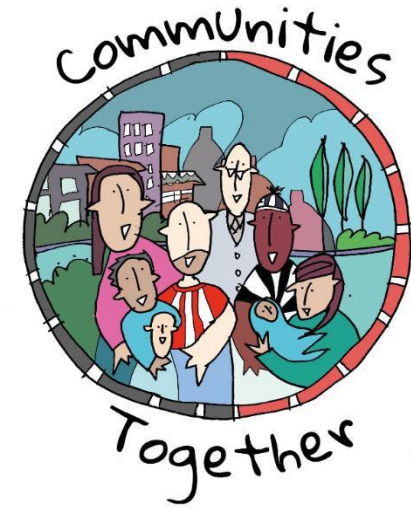
Pop in for a chat...

Where:

When:

We can help with:

Shopping/ Access to Food	Loneliness/ Social Isolation	Carer Support	Lifestyle	Housing	Primary Care	Accessing Community Activities	Employment Opportunities	Transport/ Travel	Financial Support	Equipment/ Assistive Technology	Mobility Issues	Hearing Impairme



Local advice and support available for you and your family

For more information contact, Locality Connector on

Visit www.communities-together.co.uk for more information

What's happening locally



...a place-based approach to achieving change in health and social care services, through working closely with local communities and wider partners in the voluntary, community, business and public sectors. (Localities chosen based on social care demand and readiness for lounges)

www.communities-together.co.uk

Community Lounge schedule

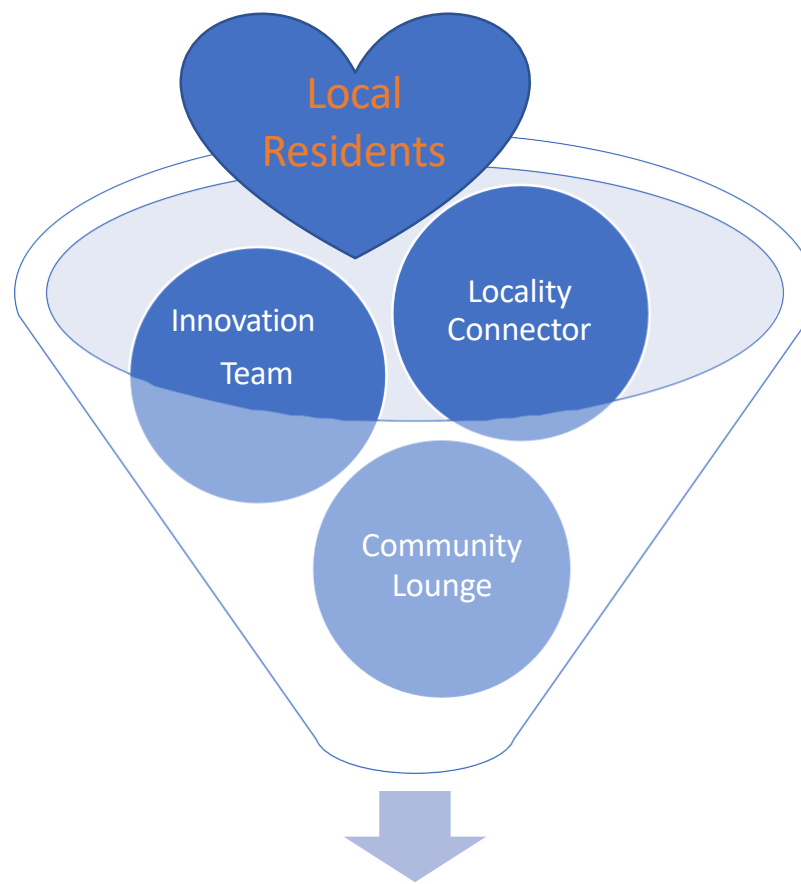
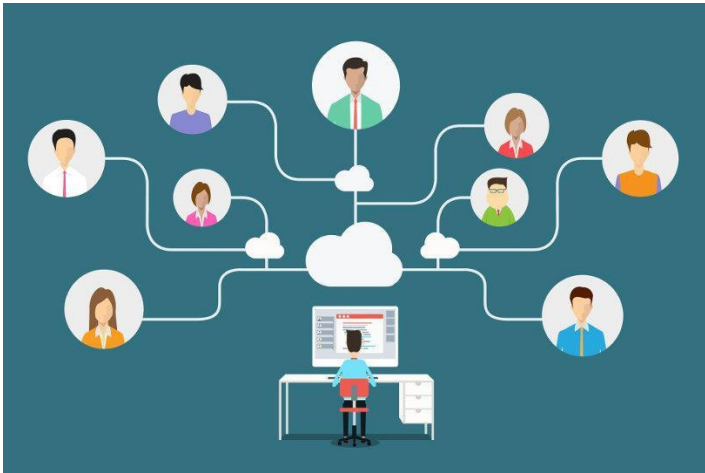


Community Lounge	Postcode	Day	Time	Lead
Baddeley Green Working Men's Club, Baddeley Green	ST2 7HG	Monday	9.30am – 11.30am	Locality Connector Steph Lancaster
Meir Matters, Old Library, Meir	ST3 7DJ	Monday	10.00am – 12.00pm	Locality Connector Sara Picking
West End Community Centre, Stoke	ST4 5AW	Monday	10.00am – 12.00pm	Locality Connector Karen Fantauzzo
Wesley Hall Methodist Church, Sneyd Green	ST1 6HR	Monday	3.00pm – 5.00pm	Locality Connector Rob Littler
The Hub @ ST6, Fegg Hayes	ST6 6QR	Tuesday	10.00am – 12.00pm	Locality Connector Steph Lancaster
The Hive, St Albans Centre, Blurton	ST3 3BS	Tuesday	10.30am – 12.30pm	Locality Connector Karen Fantauzzo
St Johns Community Church, Abbey Hulton	ST2 8JE	Wednesday	9.00am – 10.30am	Locality Connector Rob Littler
The Bethel Church, Longton	ST3 4NA	Wednesday	10.00am – 12.00pm	Locality Connector Sara Picking
Affordable Foods, Blurton	ST3 2BB	Wednesday	10.00am – 12.00pm	Locality Connector Julie Wood
Royal Voluntary Service, Hanley	ST1 3JP	Wednesday	11.30am – 12.30pm	Locality Connector Rob Littler
Bentilee Neighbourhood Centre, Bentilee	ST2 0EU	Thursday	9.30am – 12.00pm	Locality Connector Sara Picking
Temple Street Church, Fenton	ST4 4NW	Thursday	10.00am – 12.00pm	Locality Connector Julie Wood
Tommy Cheadle's, Port Vale Football Club, Burslem	ST6 1AW	Thursday	10.00am – 12.00pm	Locality Connector Steph Lancaster
ASHA, Unit 7, Hanley Business Park, Cooper St, Hanley	ST1 4DN	Thursday	10.00am – 12.00pm	Locality Connector Rob Littler
The Angel at Austin's, Colridge	ST6 3HL	Thursday	2.00pm – 4.00pm	Locality Connector Rob Littler
Tommy Cheadle's, Port Vale Football Club, Burslem	ST6 1AW	Friday	10.00am – 12.00pm	Locality Connector Steph Lancaster

www.communities-together.co.uk

How it works..

Associations ... Innovation Teams



Connections..



Place based Assets



Community Lounges



Locality Connectors

NHS University Hospitals of North Midlands NHS Trust
NHS Midlands Partnership NHS Foundation Trust A Keele University Teaching Trust
City of Stoke-on-Trent
Institutions vast INVESTING IN COMMUNITIES
NHS North Staffordshire Combined Healthcare NHS Trust
Keele UNIVERSITY TEACHING
STAFFORDSHIRE POLICE
Staffordshire Fire and Rescue Service preventing • protecting • responding

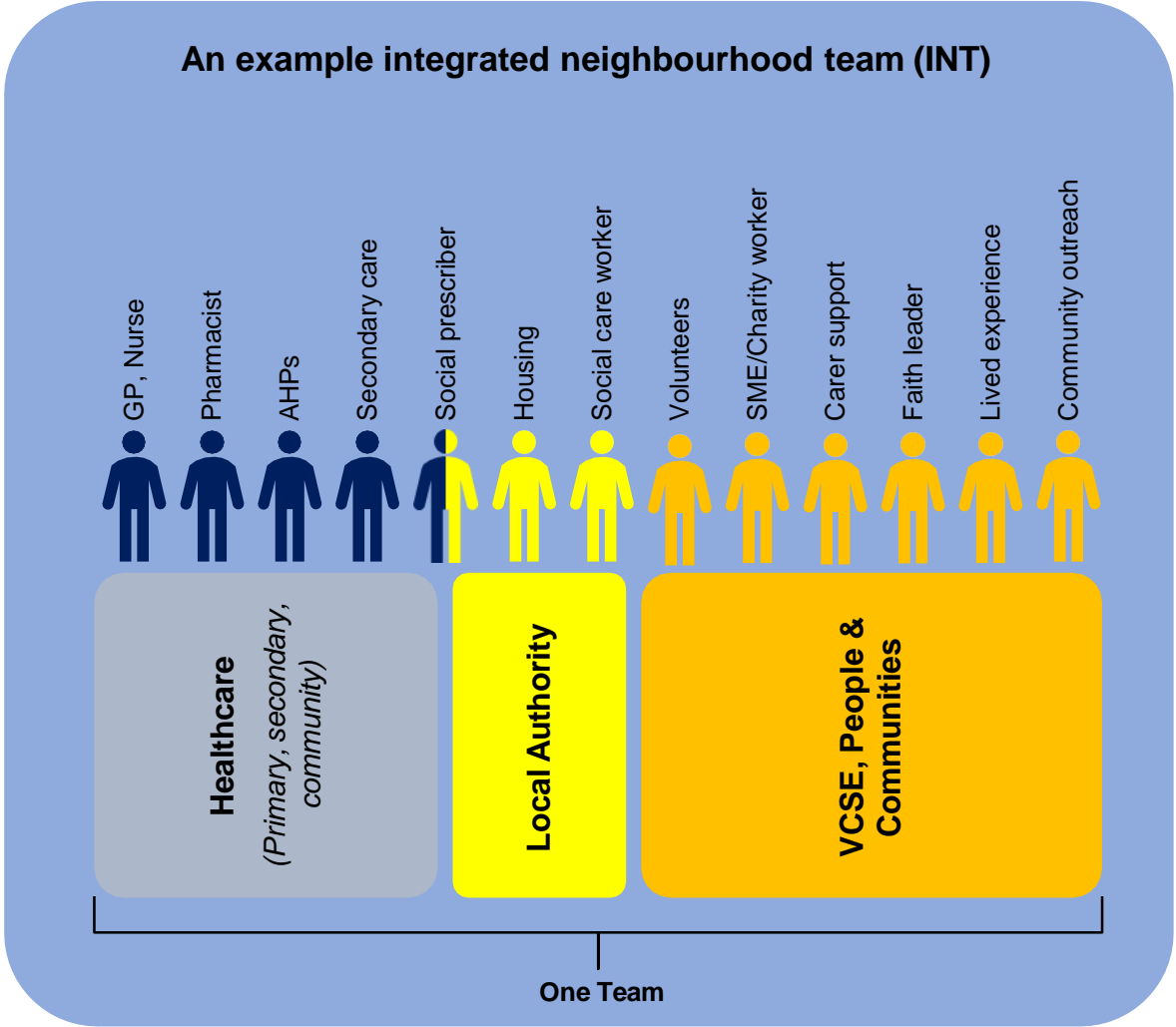
Associations ... Innovation Teams



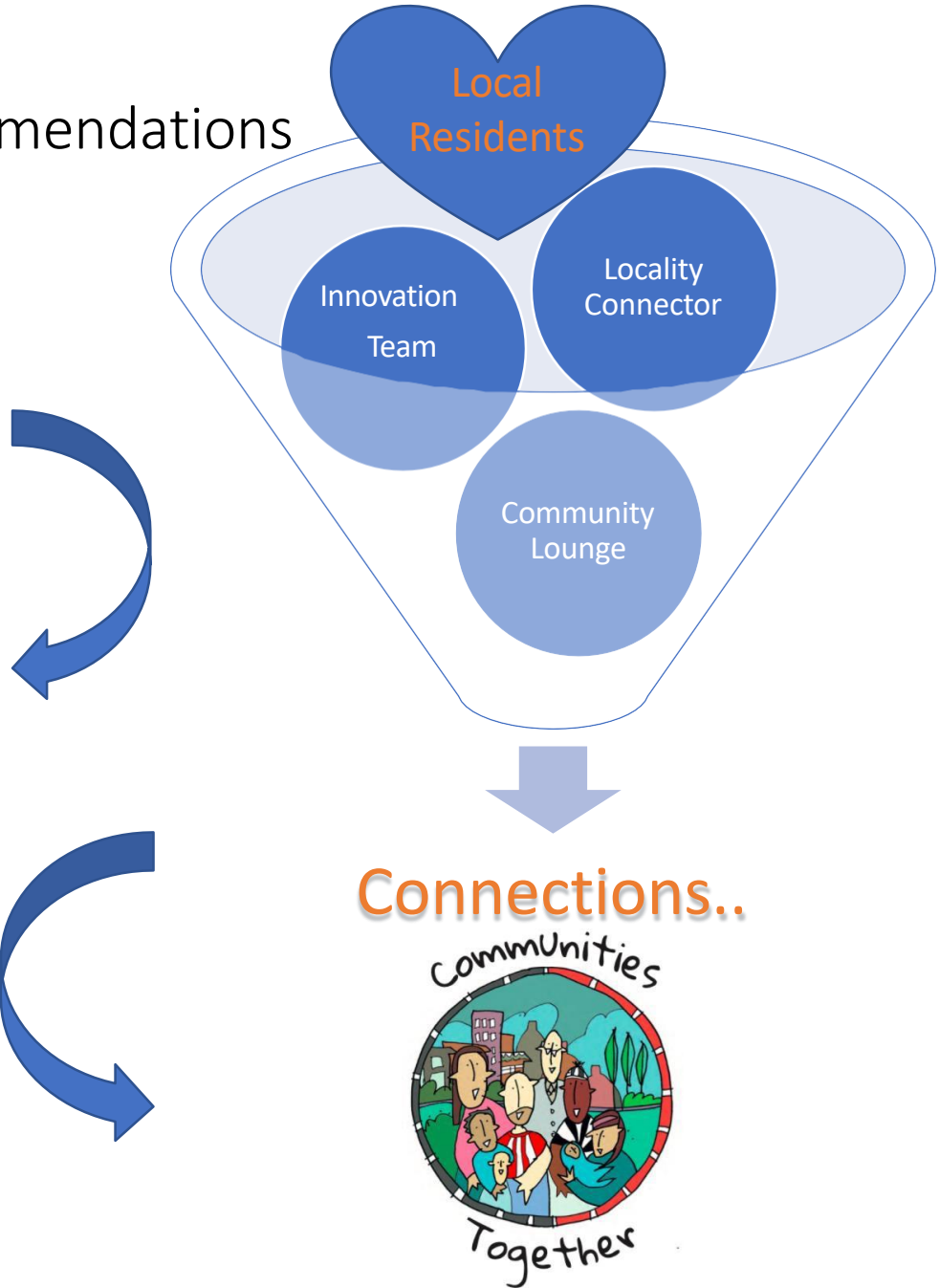
- SOTCC Locality Connectors
- SOTCC Occupational Therapy Team
- SOTCC Social Work Team
- SOTCC Public Health Team
- SOTCC Safer Communities Team
- SOTCC Contact Centre
- MPFT LAP's
- Community Mental Health Teams
- Older Persons City Community Mental Health Team
- Memory Services
- SMI Physical & Mental Health Team
- Vascular Wellbeing Team
- Community Catalysts
- Care Home Liaison Team and Dementia Primary Care Team
- MPFT District Nursing
- MPFT Frailty, Integration and H&W
- PCN MH ARRS practitioner
- Learning Disability Teams LA and Combined
- SOTCC Housing
- VAST

- Hyper Local Community Organisations
- Trussel Trust Food Banks
- PCN Clinical Directors
- Multiple VCSE representatives
- PCN social prescribers
- Social prescribing providers
- Dept. levelling up rep lead
- Police
- Fire Service
- Private Sector partners
- University Hospital North Midlands
- MPFT Homefirst
- MPFT Cancer Team
- MPFT Parkinsons
- MPFT Diabetic & Care Team
- MPFT respiratory team
- SOTCC Changing Futures
- EXPERT CITIZENS
- SOTCC Family Support Hubs
- JET
- DWP
- CHAD
- The Bread and Butter Thing

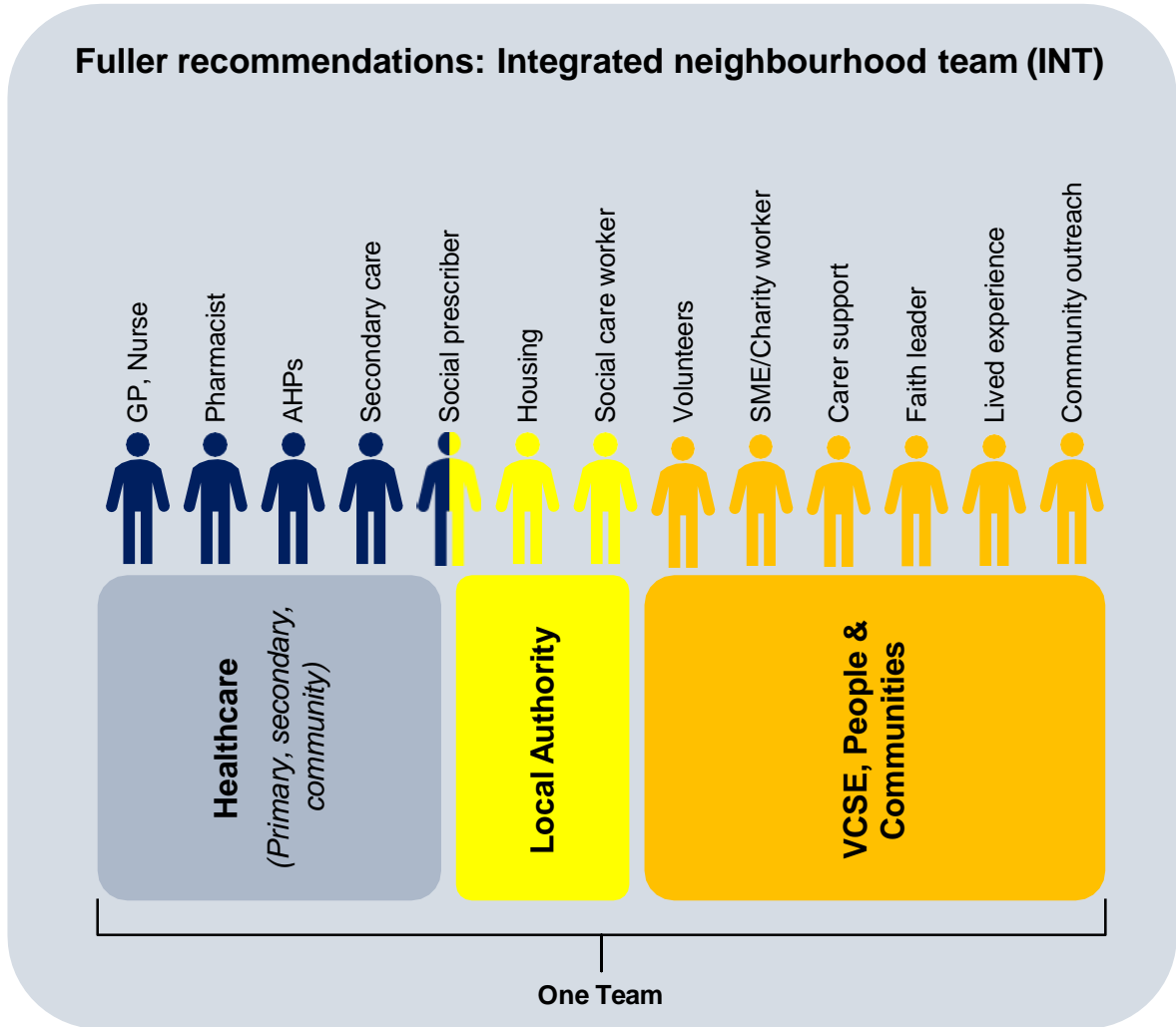
An opportunity to realise the Fuller Stocktake recommendations



AHPs = allied health professionals



Multidisciplinary Teams..



An opportunity to realise the Fuller Stocktake

The three offers

- 1. Improved access to same-day urgent care, including:**
 - *Providing more choice about how people access care and improving the interconnectedness of urgent care services*
- 2. Improved continuity of care for those with complex needs, including:**
 - *Providing more proactive, personalised care with support from a multidisciplinary team of professionals*
- 3. Reduced health inequalities, including:**
 - *Helping people to stay well for longer as part of a more ambitious and joined-up approach to prevention*

Communities Together

- Reduced Silo working with partners to support co-ordination
 - Easier access for advice, guidance and professional learning
- Easier access for advice and guidance
 - Smooth transition to specialist services through good conversations and relationships development
 - More communicative, less transactional care
- New alliances with VCSE and Local authority partners
 - Supporting communities in new ways through community development
 - Increased focussed on wider determinants, prevention and supported self-management

Community Catalysts ...

Help **people and communities** to **use their talents** to start and run small enterprises and community businesses that **support and care for other local people**.

Create good **local jobs** and **keep local money local**.

Help people live a good life, **connected with** and **contributing to their community**.

[Small Good Stuff | A free directory of community micro-enterprises who offer care and support locally](#)

[\(234\) Our 'Communities Care' work - YouTube](#)



community
catalysts®

unlocking potential
effecting change



Decluttering

Handy Person

Medication prompts & collection

Community Engagement support

Cleaning

Personal Care

Preparation of meals

Attendance at appointments



community
catalysts®

unlocking potential
effecting change



Community Led Support

an LSCD Programme

What feels so different and so good ?

Shared purpose .. The relationships ... The right people ..

Amplifiers: People giving voice to others and sharing widely



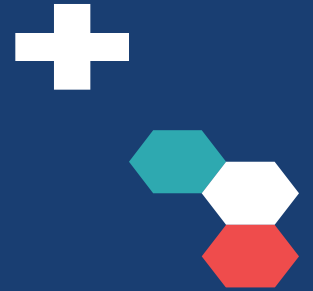
Translators: Multi-Linguists.. speak NHS, Local Authority, VCSE and Human!



Bridgers: Skilled in getting different groups of people to work together



Dr Jonathan Prunty
Research Associate
University of Kent



Evaluating the Impact of CLS in England

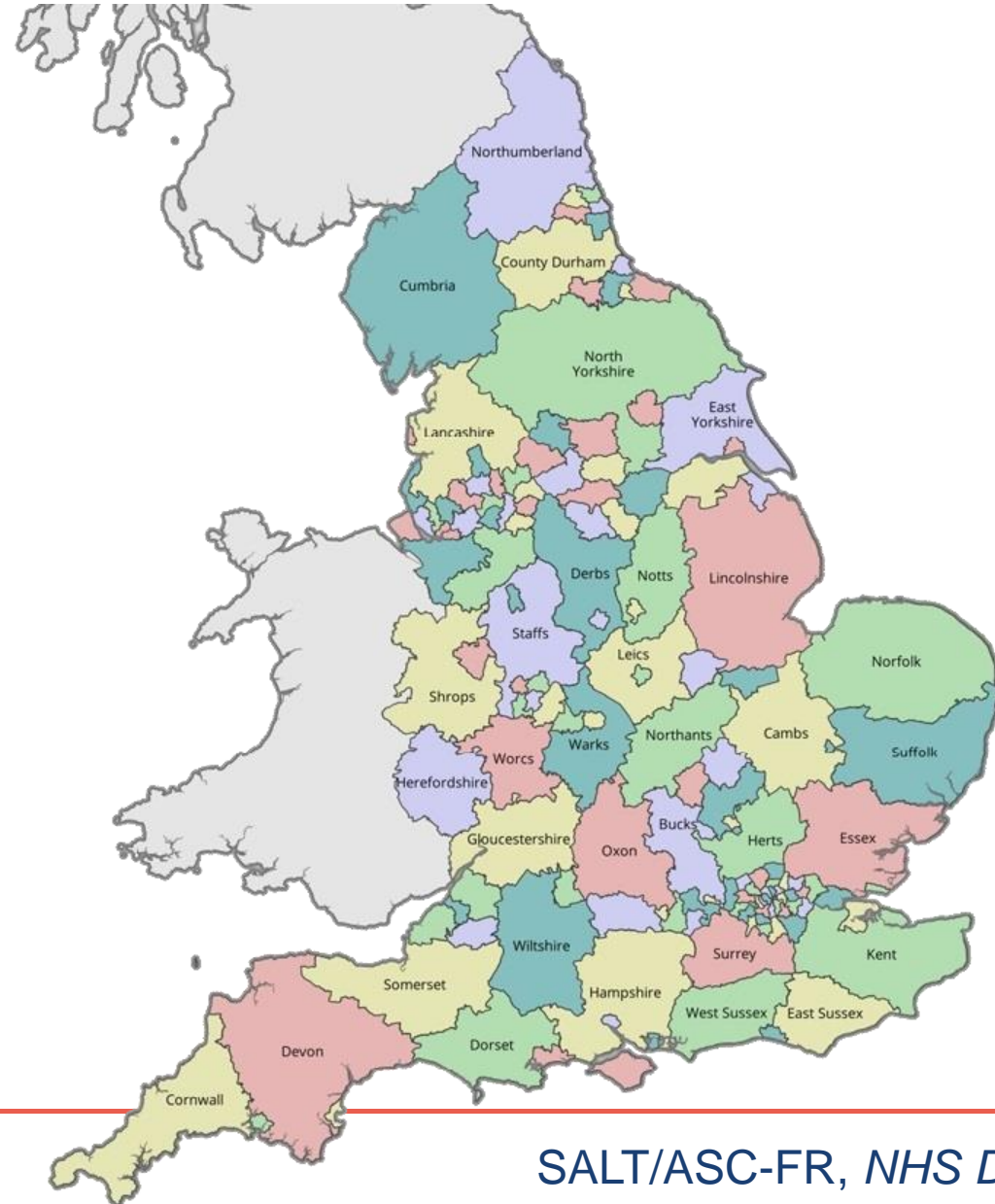
Jonathan Prunty



Community Led Support
an  NDTi Programme

Our approach: Administrative data

- 149 Upper-tier Local Authorities in England, 16 have implemented CLS
- Compare local-authority data for CLS “treatment” and Non-CLS “control” regions (2016-2022)
- Data: Short and Long Term (SALT) Services and Adult Social Care Financial Return (ASC-FR)
 - Care requests
 - Care reviews
 - Care expenditure



Hypotheses

- Changing care pathways:
 - Reduced numbers receiving local-authority funded care
 - Increased numbers signposted to alternative services for support
- Improved quality of care:
 - Better ratio of planned to unplanned reviews
 - Improvements due to efficiency savings, not increased spending
- Changes should scale with the number of years post-implementation

Six CLS outcomes:

1. Easier, quicker access to the right support for each person

2. An increased presence and use of local solutions and options for support.

3. Local services help people achieve their goals, and they feel happier & more resilient

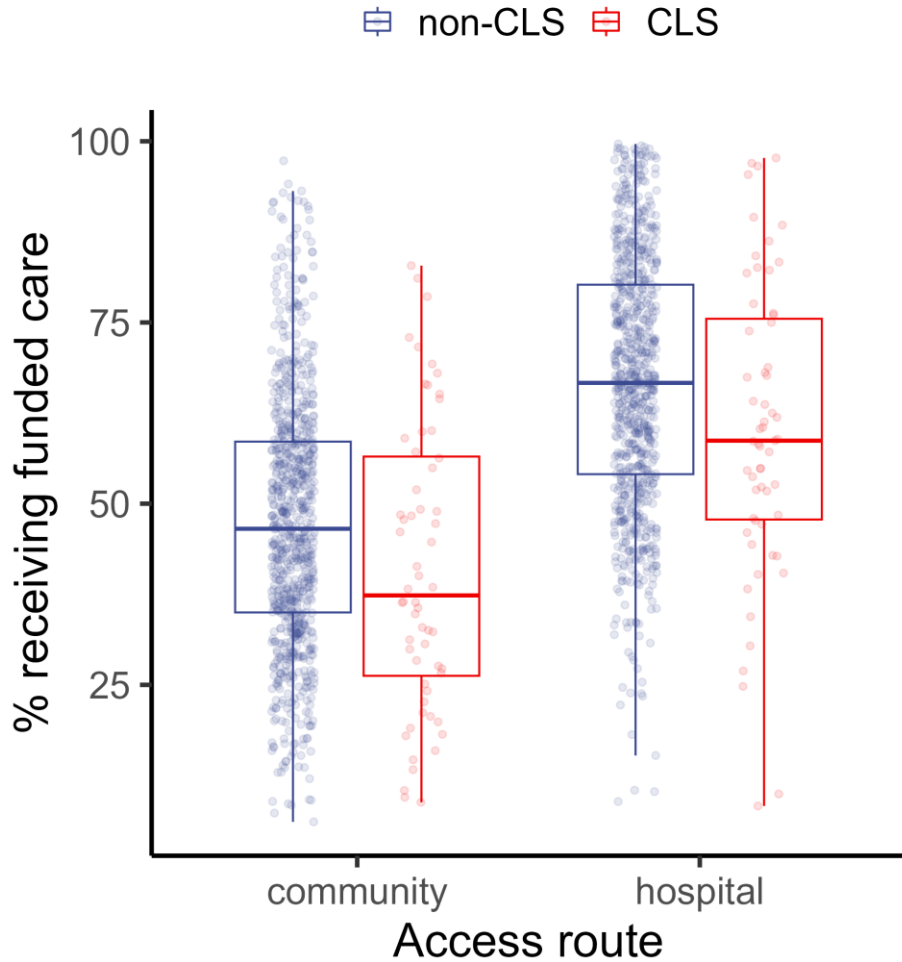
4. Local services offer holistic, seamless support (as a result of changes introduced)

5. Staff delivering CLS are empowered and confident

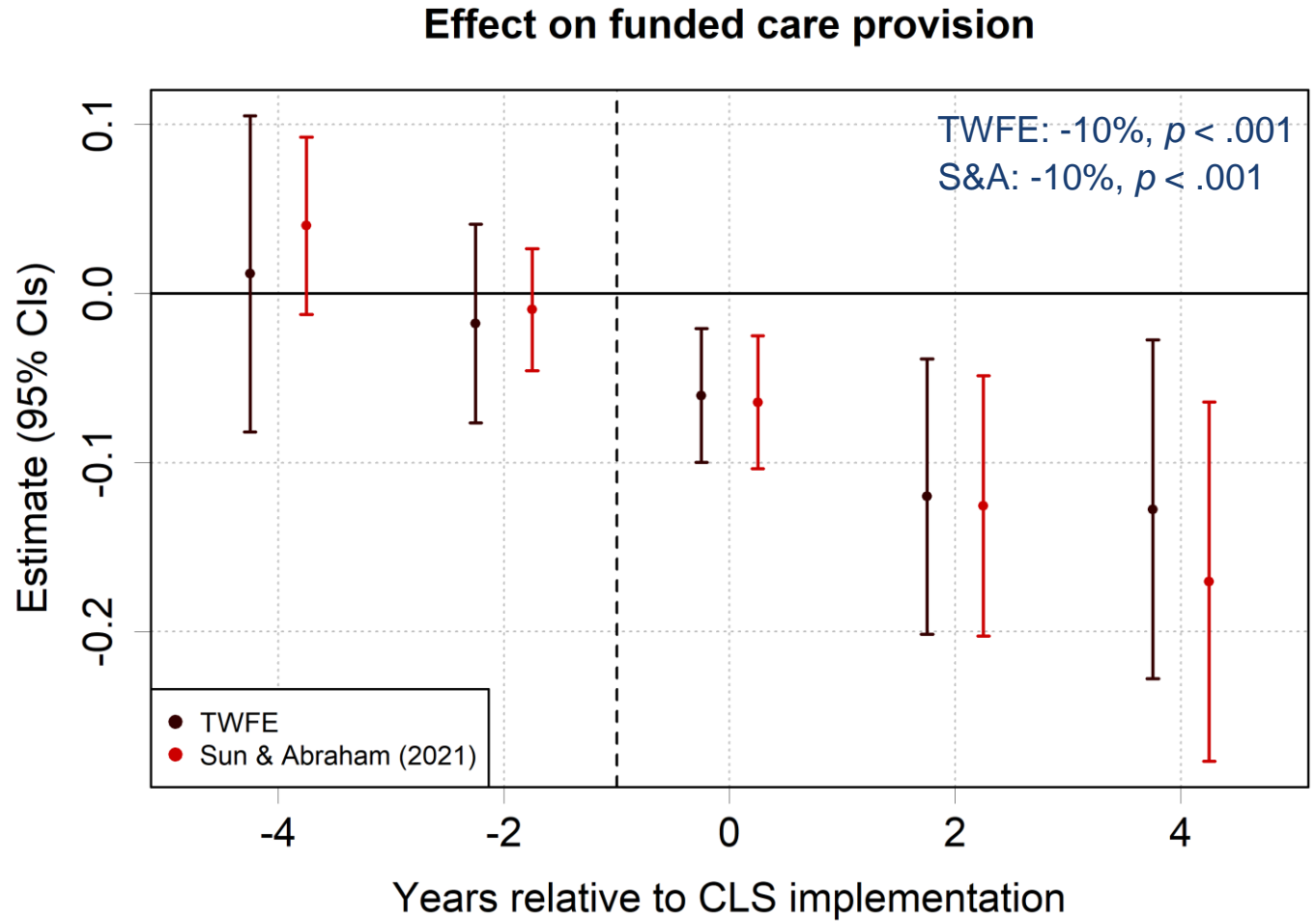
6. Better use of local resources (value for money, efficiencies, effectiveness).

Results: Impact on provision

A

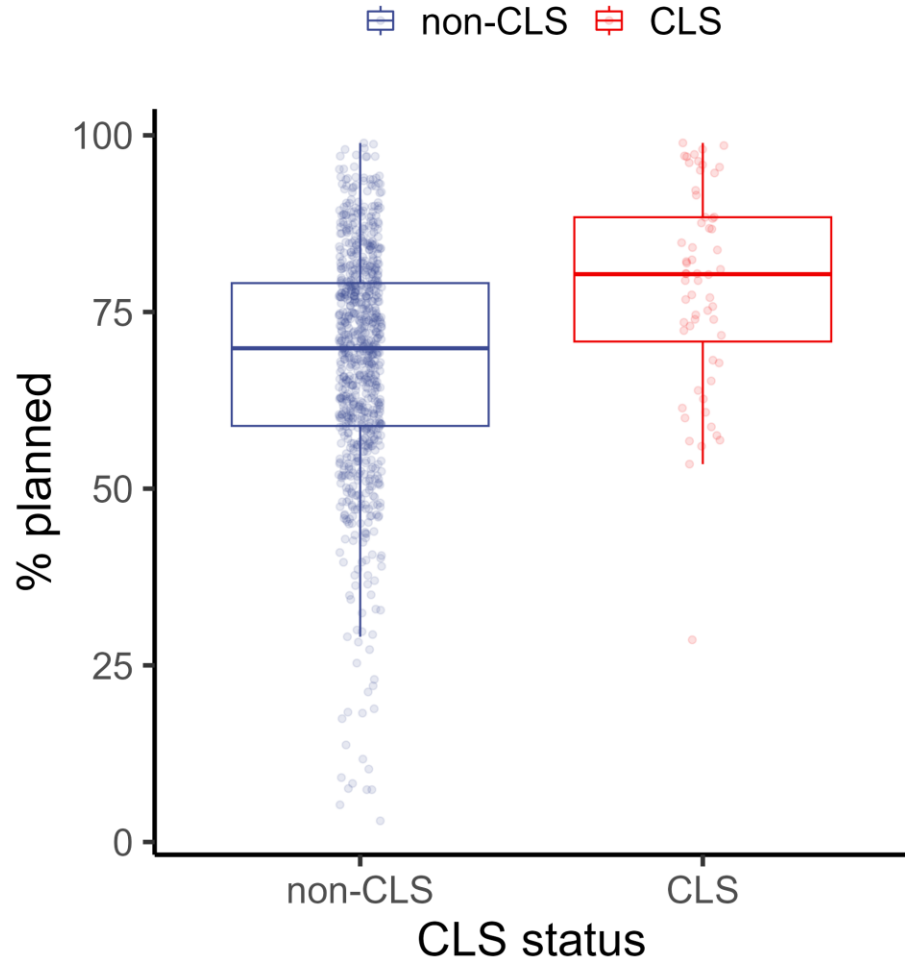


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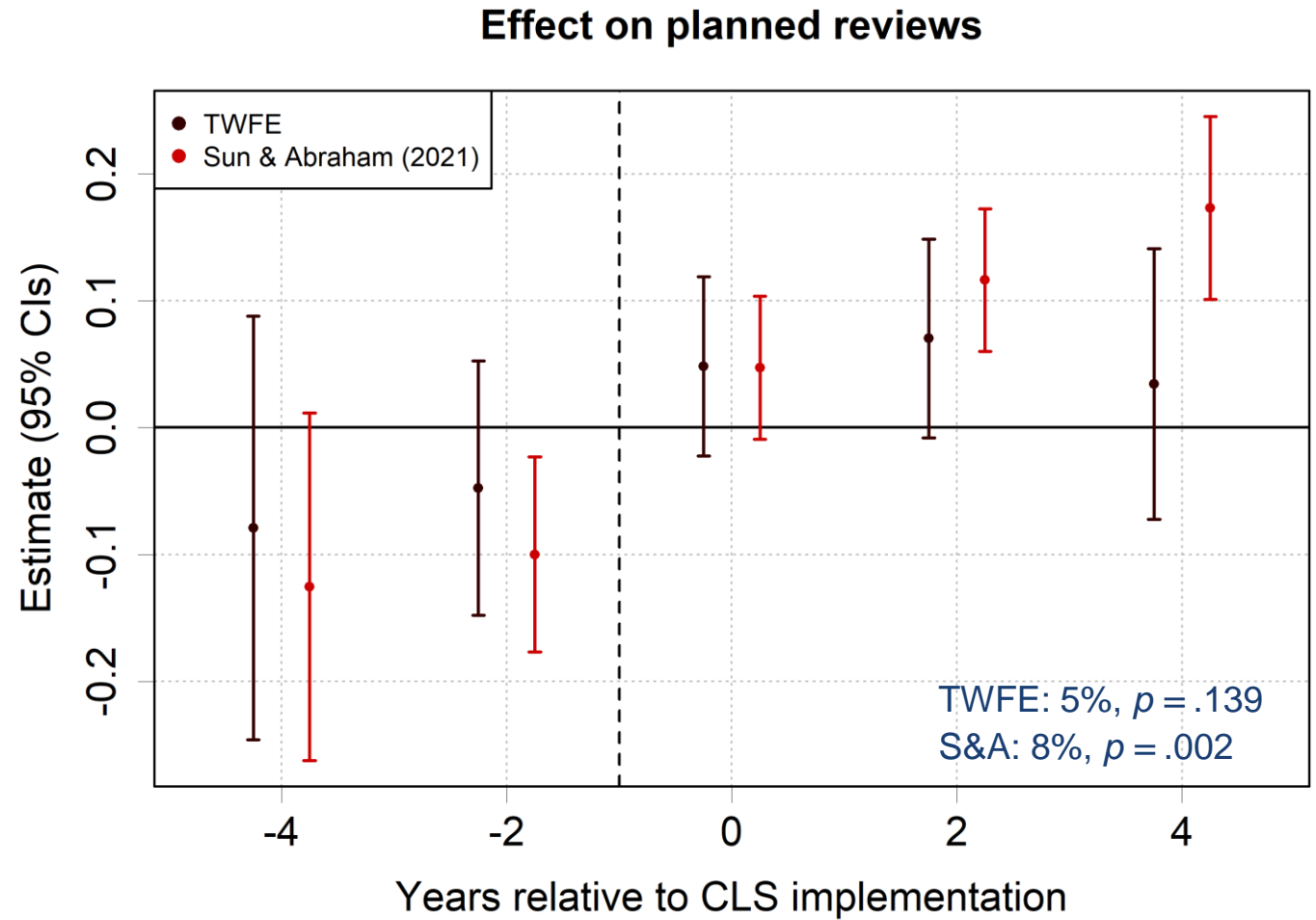


Results: Impact on reviews

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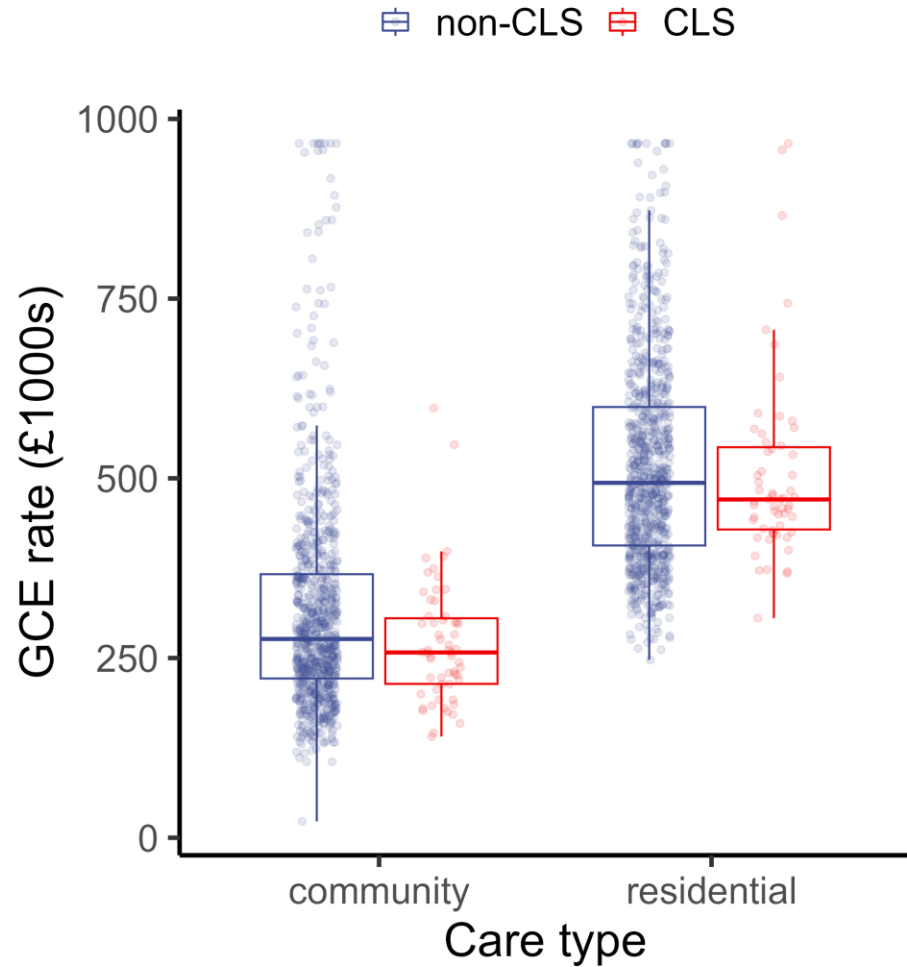


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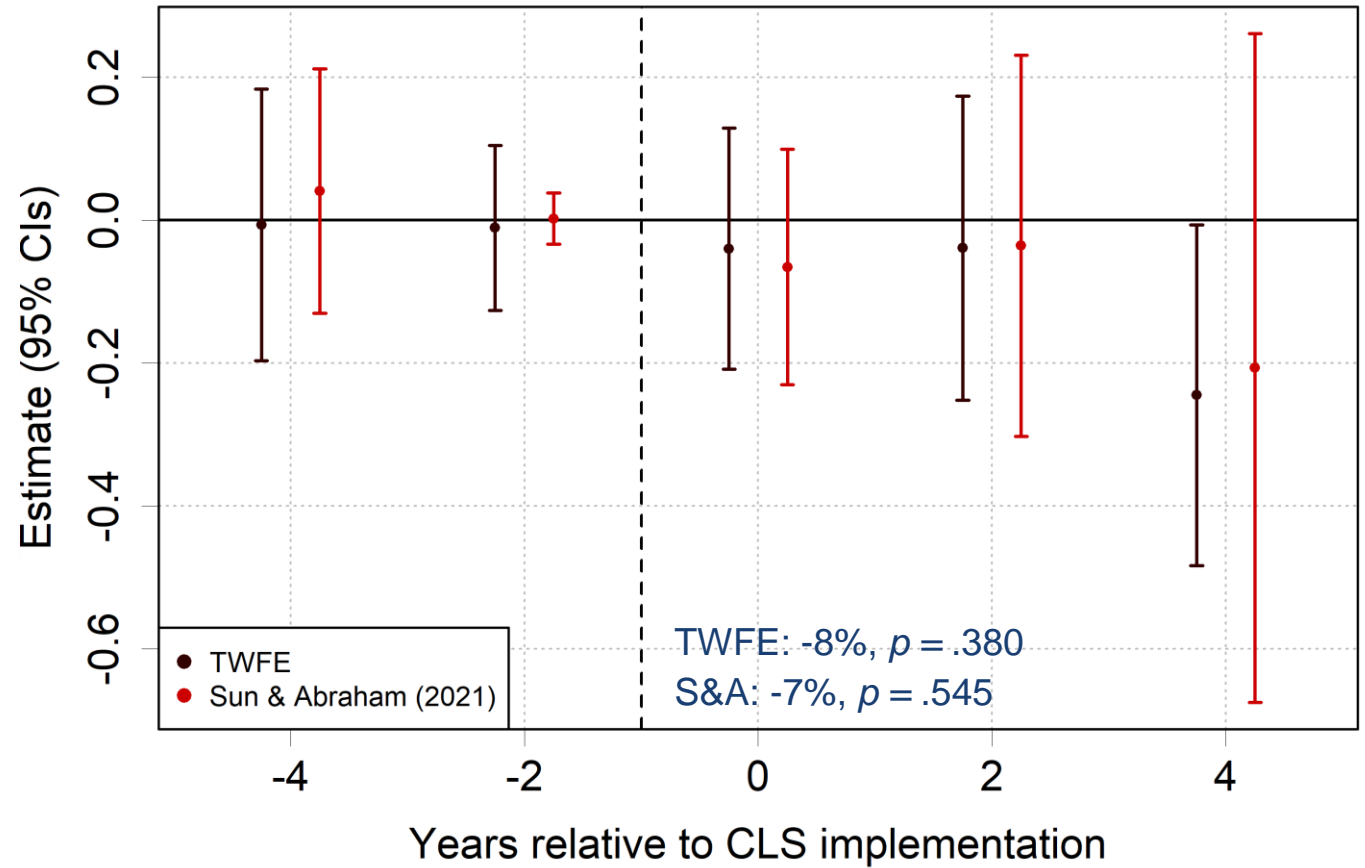


Results: Impact on expenditure

A



Effect on residential expenditure (rate)



Research summary

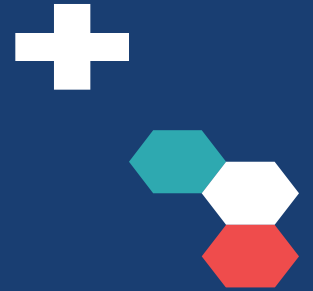
Implementation of CLS led to:

- Changing care pathways:

- Reductions in funded care provision
 - Larger reductions for older CLS sites
- Increased signposting to other services
 - No overall effect, but clear increase in first 2 years post-implementation

- Improved quality of care:

- Greater proportion of planned reviews
 - Particularly for more established sites
- No increase in expenditure rates
 - Non-significant trend toward decreasing expenditure across time



Thank you

Contact:

j.e.prunty@kent.ac.uk



Community Led Support
an  NDTi Programme

Discussion Q & A

Thank you Closing Remarks