

# Putting people at the heart of public health

Ian McCreath- Director

Dr Clenton Farquharson CBE- Assistant Director

“Think Local Act Personal wants a society where everybody can get the care and support they need to be able to live well and do more of what matters to them.

“We bring diverse groups of people together around challenges to connect, collaborate, and co-produce something better.”

Co-production is about partnership, respect and trust.

It's about recognising that both professionals and communities have unique insights and strengths, and by combining them, we can create more effective, sustainable solutions.

In the context of public health the *potential* benefits are powerful:

- Empowering communities
- Understanding diverse needs
- Tackling inequalities
- Fostering innovation
- Building resilience into systems and communities.

## Clenton's 3 R's

1. Repair
2. Renew
3. Reimagine

 [thinklocalactpersonal.org.uk](https://thinklocalactpersonal.org.uk)

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