

“The sustainable future of Leisure Services as a public health catalyst for wellbeing”



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EAST RIDING
OF YORKSHIRE COUNCIL

Our Services (so far!)

Live Well

Exercise on Referral

Young Live Well

Cardiac Rehab

Health Optimisation

ESCAPE Pain

Health Plus

Over 50,000 contacts every
year







Personal & Social

Impact on NHS

From up to **100** bariatric operations per year

*this is now down to just **20***

Was **Double** national average

*Now **1/2** national average*

*Reduction of **£2.5 million** (since 2012)*



The Impact of COVID-19



**What are the opportunities
post COVID-19?**

Spreading the word and transforming public services



- Case studies – Peer reviews – Visits – Lectures – Training programmes ...



- Libraries – Museums – Customer Centres – Children's Centres – Adult Social Care – Play/Sports/Arts – Housing ...



- Community and voluntary links



- Private sector collaboration

