LGA Culture, Tourism and Sports Conference
Sport England Local Delivery Pilots

Withernsea

www.eastriding.gov.uk
Withernsea (East Riding of Yorkshire)
Sport England
Local Place Visit

Withernsea

September 28th 2017
English Coastal Towns

Withernsea
Richard II, Act II, Scene 2

“The banish'd Bolingbroke repeals himself,
And with uplifted arms is safe arrived
At Ravenspurgh”
The Challenges
Ingrained Negative Community Norms Dominate

‘I’m not active but it’s ok because my neighbours aren’t either’
Our Approach
to improving
Health & Wellbeing
Great Wellbeing News!
I’ve commissioned a Tree for you all to climb
Wellbeing and Social Prescribing Model

Assess

- Individual health & wellbeing needs
- Primary Care, ACT, Hospital discharge

Link

- At GP practice
- In community
- Out of hospital

Connect

- Individual packages
- Existing/New groups
- Community developed
- What is strong not what is wrong

Build

www.eastriding.gov.uk
The Assets
WALK-4-WITHERNSEA

Would you walk 15 minutes for diabetes?

Join us on Sunday 9th July 2017 at Withernsea Boating Social Club 1pm walk commencing 2pm

South Holderness Medical Practice DIABETES UK