



Sector Led Improvement: Suicide Prevention Programme

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Overview



- ADPH North East: Sector Led Improvement programme
- Suicide Prevention programme
 - Self-harm
 - Financial difficulty
 - Workplace
- Self-harm: Regional collaboration
 - Self-harm research at Teesside University
 - ADPH project – young people and self-harm
 - Methods
- Any Questions

Sector Led Improvement Programme



North East D'sPH are accountable for regional sector led improvement, with support and expertise from OHID we are currently focusing on four key programmes:

Public Mental Health

- Suicide Prevention
 - self-harm
 - financial difficulty
 - workplace

Health protection and COVID-19 recovery

- Living safely with COVID-19
- Vaccine engagement

Children & young people

- Best Start in Life

Health Inequalities

- Priorities for working together

Lead DPH

Wendy Burke

Chair

Glen Wilson

OHID

HWB – Glyn Smith

LKIS – Leon Green

ICS

ICS Mental Health Workstream

Sector Led Improvement

Suicide Prevention

Frequency of meetings

6 weekly for 2 hours

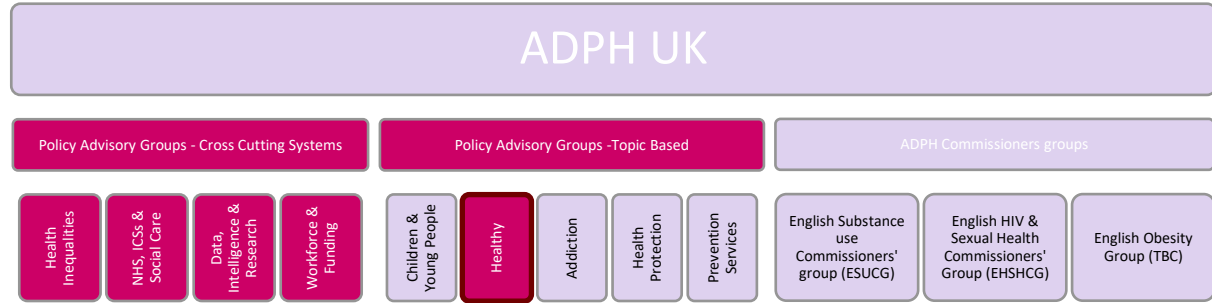
North East ADPH networks – Public Mental Health

Current DsPH networks, leadership and influence

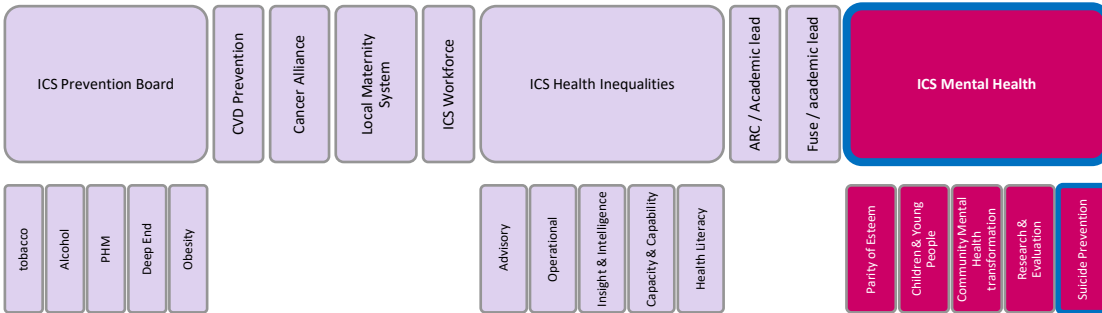


MH National Networks

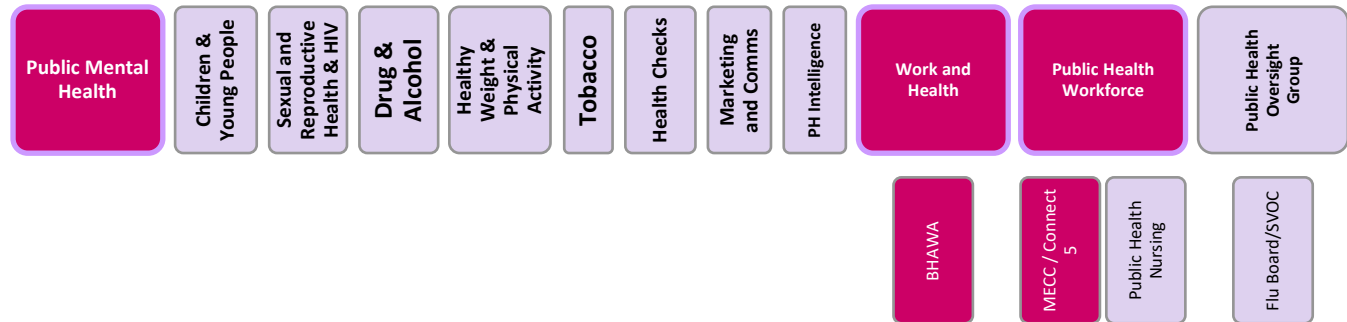
- OHID Public Mental Health
- Better Mental Health Fund
- Prevention Concordat



Public Health contributions to regional networks



North East Public Health Networks



Suicide Prevention - Networks

- ICS Suicide Prevention Core Group
- Northumberland, Tyne & Wear Suicide Prevention Task Force
- Durham Alliance
- Tees Valley Suicide Prevention Task Force
- Darlington Suicide Prevention Steering Group
- Social Media & Suicide (Samaritans project)
- SLI Financial difficulty – steering group
- SLI Workplace – steering group
- SLI Self-harm – steering group

ADPH - Suicide Prevention programme



Self-harm

- To establish a greater understanding of the presentation and management of self-harm and self-harming behaviours amongst children and young people in different service settings in the North East.

Financial difficulty

- Raise awareness, reduce financial difficulties, and improve the offer of interventions to support: Debt & Financial literacy/financial management support

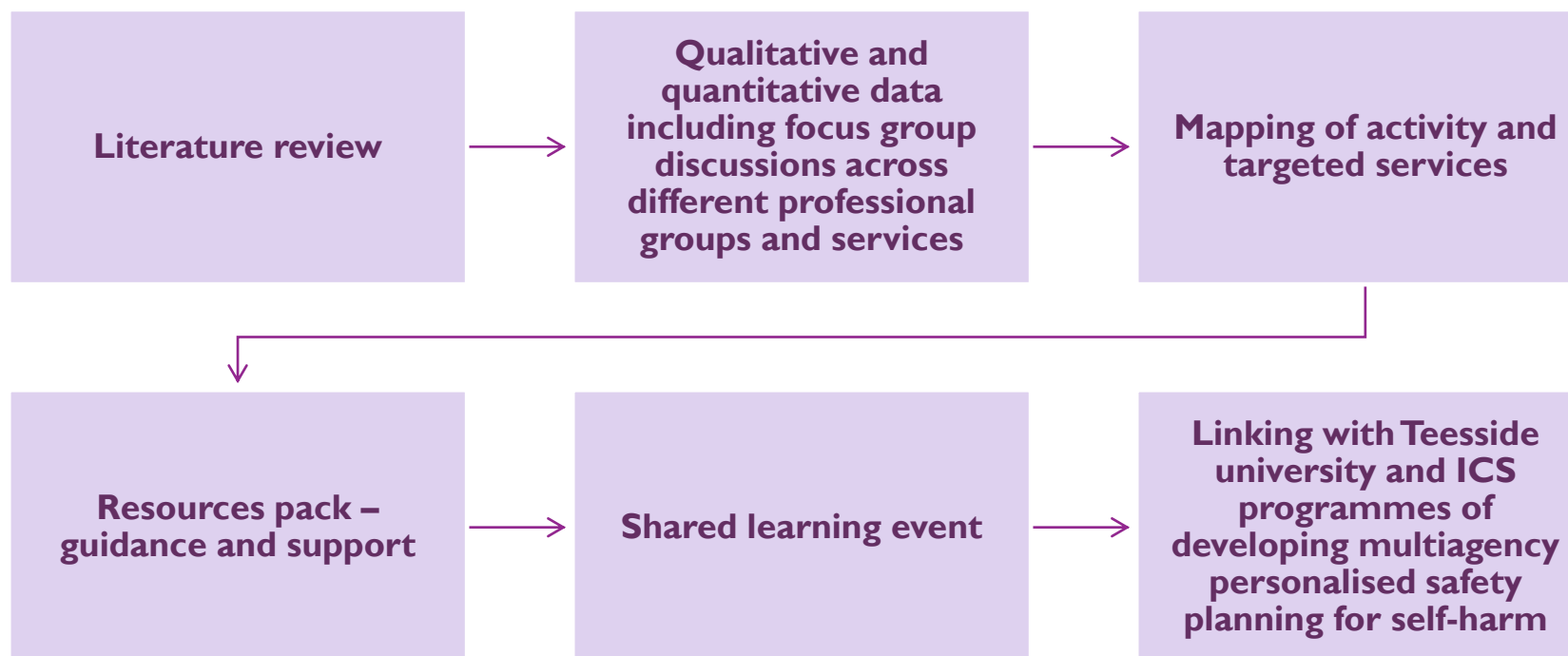
Workplace

- Development of, and/or engagement with industry based targeted resources for high-risk occupations

Self-harm



To establish a greater understanding of the presentation and management of self-harm and self-harming behaviours amongst children and young people in different service settings in the North East



Financial difficulty – phase 1



Debt Management Research programme - Improving the evidence base between financial debt and suicide

MMC Research agency - Initial findings drafted and shared at learning event in November 2020

Approach

- Assessment of local need
- Literature review
- Service mapping
- Examples of good practice
- Recommendations
- Shared learning

Recommendations

- Qualitative data capture via personal stories from people with lived experience linked to suicide & financial difficulty to understand the complex relationship between the two issues and what helped them overcome this crisis in their lives.
- Develop and deliver robust research to identify the optimum model of partnership working that is most effective to improve outcomes for vulnerable populations across the North East

Financial difficulty – phase 2



Raise awareness, reduce financial difficulties, and improve the offer of interventions to support:

Debt

- Qualitative data capture via personal stories from people with lived experience linked to suicide & debt

Financial literacy/financial management support

- Review on- line training resources and information
- Development of engagement plan to increase access to existing resources and sign posting
- Review pathways across health/ social care and criminal justice services.
- Identify if FM is part of assessment and care planning, Barriers/ facilitators to delivery.
- Develop guidance on 'How to have an initial conversation about finance'.
- Identify Examples of good practice – links to MaPS pilot toolkit

LA PH teams

ADPH NE

SLI

OHID

SP
Coordinator

MaPS

MECC

TEWV

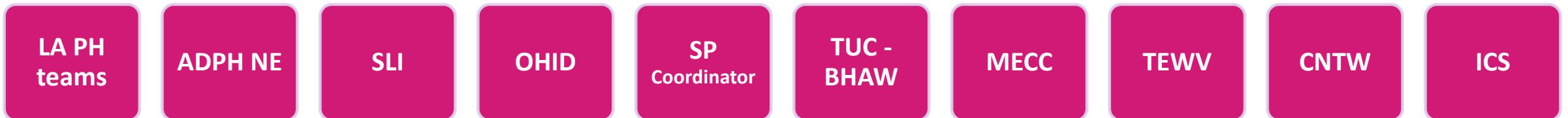
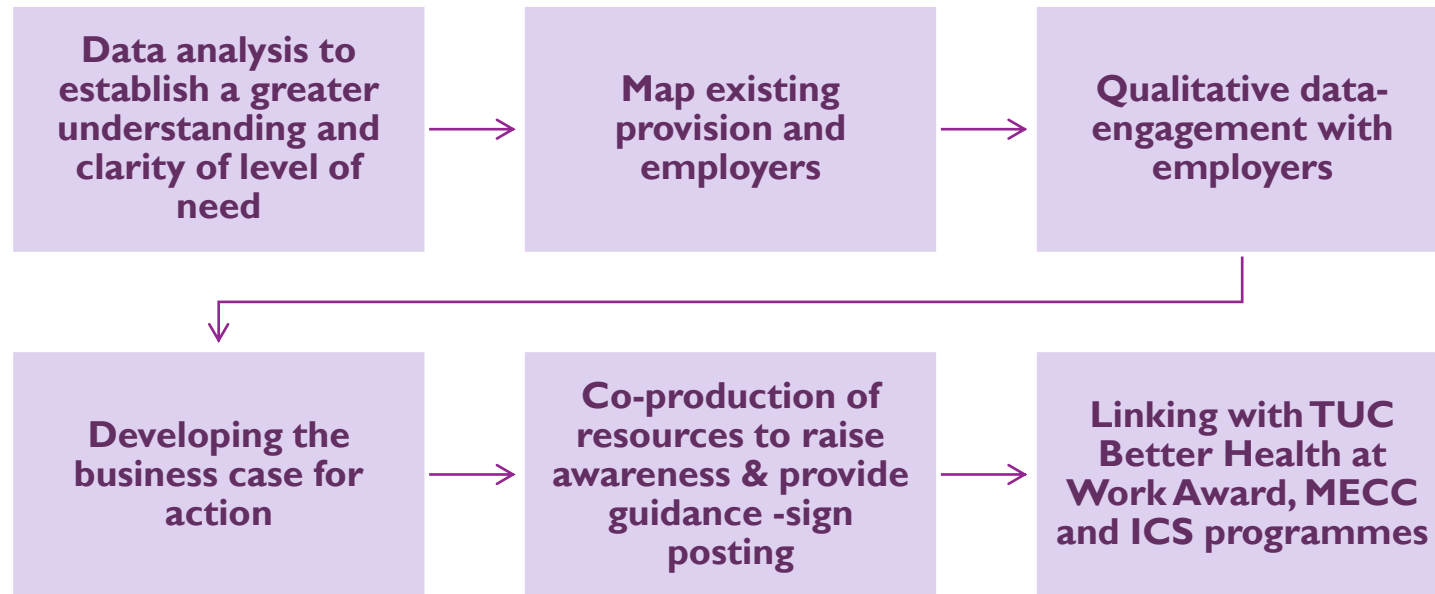
CNTW

ICS

Workplace



Development of, and/or engagement with industry based targeted resources for high-risk occupations



Self-harm research at Teesside University



NIHR-ARC project

'Your Voice Heard'- Young people and self-harm and suicide

Dr Gillian Waller

ADPH project

Young people and self-harm

Dr Jennifer Ferguson

Self-harm research – ADPH phase 1



Teesside University - Regional study into the prevalence of self-harm

Aim: The overall aim of the study is to carry out case studies in three geographical areas of the North East to ascertain current processes in relation to self-harm for young people (PHASE I):

Durham

Early Help setting – Bishop Auckland

School – King James I Academy

South Tees

Early Help setting- Middlesbrough Council Stronger Families

School – Trinity Catholic College

Northumberland

Early Help setting – Early help Team Manager

School – The Duchess's Community High School (Alnwick)

LA PH teams

ADPH NE

SLI

OHID

SP
Coordinator

Teesside
Uni

ICS

CNTW

NEAS NHS

Self-harm research – methods



Multi-method model of collating information and intelligence, undertaking analysis across universal educational, the health and social care services in the North East.

- **Review policy documents and national and regional data**
- **Literature review-** To identify the barriers and facilitators of reporting and recording of self-harm in young people across different settings, such as the healthcare setting, schools and the criminal justice setting.
- **Qualitative data collection across different professional groups and services**
Focus groups with Early Help Services
One to one interviews with schools
- **Production of Case Studies**
- **Recommendations for Phase Two**



Any Questions?

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