
Making Safeguarding Personal Toolkit

Practice Tool 16:

Signs of Safety and Wellbeing
Practice Framework



Practice Tool 16: Signs of Safety and Wellbeing Practice Framework

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| <p>Headlines (why are we involved)</p> | <p>Eco-map (who/what is around for that person)</p> |
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| Issues that need to be addressed | Who and what is helping? | What needs to happen next? |
|--|--|---------------------------------|
| <p>What is not going well?</p> | <p>Strengths/resources (what's working well)</p> | <p>Overall goal of the plan</p> |
| <p>Complicating factors (things we can't change)</p> | <p>Contribution to safety and wellbeing</p> | <p>Next steps:</p> |
| <p>Statement of overall concern/need</p> | | <p>Plan:</p> |

Current wellbeing score 0-10



This is the wellbeing score of the person, the practitioner's score and others involved eg. family and those in the eco map

Critical self-reflection

What is your lived experience of privilege and disadvantage?

How would you describe your identity?

How would you describe the context of your lived experience?

Where do you position yourself on the framework above?

Why this is and what has influenced where you position yourself?

Is there a position that you do not feel able to take?

Practice learning and development plan

How does your identity currently shape your practice in promoting the rights of others?

What next steps will you take in promoting race equality, human rights and social justice?

You can find out more about 'Identity and Intersectionality' on the Forum for Race Equality and Diversity Awareness website:

www.plymouth.ac.uk/schools/school-of-health-professions/freda/identity-intersectionality