

Transforming Care

Empowerment Steering Group Meeting

Monday 24 April 2017



Notes from the meeting



Who was at the meeting:



Chairs

Derek Lee, representing the North
Jason Muldowney, representing the North

Members

Lucy Richards, representing the South
Michelle Beattie, representing the South
Emma Austin-Garrod, Mencap, representing children and families
Peter Mace, representing East and Midlands

Other People at the meeting

Jane Alltimes, Local Government Association
Martin Thompson, supporter for Peter
Gemma Cork, supporter for Lucy
Anne Marie Cliff, supporter for Derek
Jordan Nord, supporter for Jason
Di Domenico, NHS England
Thomas Chalk, NHS England
Ellie Mole, NHS England (North region)
Geoff Doncaster, NHS England (North region)
Jane Heley, NHS England
Marie Coffey, Local Government Association (taking notes)

Apologies:

Katie Matthews – NHS England (associate member)

Welcome, introductions



Derek and Jason welcomed everybody and everyone said who they are and where they come from.

Notes from the last meeting and things we said we would do.



Everyone agreed with the notes from the last meeting.

Derek read out the actions from the last meeting and said if they had happened yet or if more work was needed.

STOMP
Stopping Over
Medication of
People with
Learning
Disabilities,
Autism or both

1. Jane and Marie to send Jason the information about the STOMP project.

Jason was not at the meeting about the STOMP work. Marie said that she has printed this and sent it to Jason.



2. Jane and Marie to put the rules on the website and to get a few copies laminated for meetings.

Marie said that this had been done.



3. Marie to write a name card for Di.

A name card had been made for Di.



4. Jane and Di to write up what we talked about in the group work and share this with the group.

A copy of this has been sent to everyone and Jane said we will be talking about it later in the meeting.



5. Emma to link up with Keith about the evaluation work and how the families group could be involved.

Emma has not yet heard from Keith so will contact him.



6. Marie to look at whether meetings can be in different rooms.

A different room has been booked for this meeting and everyone agreed that it was much better.



7. Marie will send papers to Jason and Derek in the post as well as on email.

Jason and Derek said that the papers had been sent to them in the post. Jason said he sometimes didn't get the papers until quite late. Jane will

talk to the person she sends the papers to and see how this can be better.

What Empowerment means



The group looked at the paper Jane had written. This was about what we talked about in the last meeting about what empowerment means.

It is still a draft paper but once we have agreed the words it will be put on the website and will be shared with TCPs.



It needs to be clear so everyone can understand it.

Jason read out the paper to everyone.

Everyone agreed with the introduction



Everyone agreed that there needs to be examples both good and bad to help understand what each of lines mean.

Everyone talked about advocacy being very important to some people who may not understand their rights and what is happening to them.



Jane will include advocacy in this paper.



Ellie said that the lines about rights and information should be together.

Everyone should read the paper and let Jane know if they have any other comments on what has been written or if they have any new ideas on how to make it better. She will make changes to the paper and bring it to the next meeting for everyone to agree.

Integrated personalised commissioning



Di said that this is another programme in NHS England.

Papers are not yet in easy read so they are not ready to share with the group.



It is about people being able to buy the services that they need.



There are 19 areas now looking at what they can do different and bring together health and social care money.



There are sometimes problems with the money that can sometimes stop people from coming out of hospital as it cannot be agreed who should pay for them once they leave hospital.



Di will bring slides and a short film for everyone to see at the next meeting and will talk about this work that her and Geoff are doing.

Jane and Marie will add this to the agenda for the next meeting.

Geoff and Ellie



Ellie started work 1 month ago as an Expert Adviser for NHS England in the North region.

Ellie is an expert by experience.



Geoff is also an Expert Adviser for the North and works with Ellie. He used to work for Speak up which is an Advocacy organisation. He has 20 years' experience of working with people with a learning disability or autism.



Ellis and Geoff are still finding out a lot of information and working out their work plan. They will be looking at things like developing empowerment, person centered support and advocacy.



The LGA are looking for people to do the same work as Ellie and Geoff but in the South of England and NHS England are looking for people in the Midlands & East.



These regional expert advisers will be able to check what is going on in TCPs and report back.

Everyone thought this was a good idea.

Group work 1



The group split into two smaller groups to talk about empowerment.

The groups talked about what empowerment means and how it can be measured.

Some of the things that the groups talked about was when people might need help to make these decisions. This help may be affected by personal choices and views.



The groups talked about some of the things that others may need to take into account if they are making a decision for somebody else. They talked about things like religion, culture, allergies, routine, food likes and dislikes.

There is a separate paper with more detail about what the groups talked about.

Group work 2



Everyone stayed in the smaller groups and talked about positive risks and what this means.



One person gave an example where they had to make a decision for someone to be discharged from a hospital where they had been for a long time. This was a risk because the person needed good support to make sure they were safe in the community.



It was a positive risk because everyone worked hard to get the right support in place and the person is now living a good life in the community.

Here are some other things that the group said:



- Everyone sometimes takes risks in their lives.
- Decisions for other people are scary and risky and affect peoples' lives. Decisions you make for yourself are easier as they are your goals and you remain in control.
- Risks need to be taken and if they turn out badly we should change things and learn from the mistakes that were made.



Learn

- We should help people who have to make decisions for us. For example, you can let health staff know what you need by taking a one page profile with you to the hospital. Derek and anybody else who has one will bring in their profile to the next meeting for everyone to see



Jane will write up a paper on what we have talked about in today's group sessions and will send it out to everyone

The work plan for the year



Jane said the budget year starts in April. She said that we are still waiting for the Department of Health to confirm what money is available for this year but she is confident about carrying on with this group.



She said that with the new regional expert advisers we should be able to find out what things are happening on empowerment in TCPs.



Jane said we don't know how much money we will get from the Department of Health but if we got enough money we can think about what work we might want to do together. For example, we could think about funding a project on examples of what is happening on empowerment and ask somebody to write some case studies.



We want to be able to see what good work TCPs are doing so that we can share this with other areas. Sharing good examples is one of the aims of the empowerment group.

Anything else



We hope to have the new Midlands and East Expert advisers at the next meeting.

Lucy and Derek are working with Bristol University to add their stories about their experiences in hospital in to a book.



They will let us know what is happening and when the book will be available. If it is online we will want to share the link with our networks.

Things to do before the next meeting



1. Everyone should read the paper about what empowerment means and let Jane know if they have any comments or ideas to make it better.



2. Jane will make any changes to the paper and bring it to the next meeting.



3. Jane and Marie to add Di to the agenda for the next meeting for her to talk about Integrated personalised commissioning.

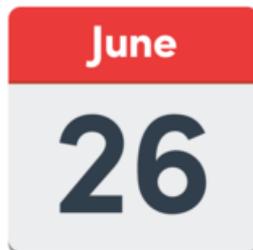


4. Derek and anybody else who has a one page profile to bring it to the next meeting to show to everyone.



5. Jane to write up a paper on what was talked about today in the group sessions.

Date of next meeting:



To



Monday 26 June 2017

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