

Transforming Care

Empowerment Steering Group Meeting

Monday 26 June 2017



Notes from the meeting



Who was at the meeting:



Chairs

Derek Lee, representing the North
Jason Muldowney, representing the North

Members

Lucy Richards, representing the South
Michelle Beattie, representing the South

Other People at the meeting

Jane Alltimes, Local Government Association
Gemma Cork, supporter for Lucy
Sasha Cookson, supporter for Derek
Charlotte Rispin, supporter for Jason
Di Domenico, NHS England
Thomas Chalk, NHS England
Ellie Mole, NHS England (North region)
Wendy Hicks, NHS England
Marie Coffey, Local Government Association (taking notes)

Apologies:

Katie Matthews – NHS England (associate member)
Emma Austin-Garrod, Mencap, representing children and families
Peter Mace, representing East and Midlands

Welcome, introductions



Jason welcomed everybody and everyone said who they are and where they come from.

Notes from the last meeting and things we said we would do.



Everyone agreed with the notes from the last meeting.

Derek read out the actions from the last meeting and said if they had happened yet or if more work was needed.



1. Everyone should read the paper about what empowerment means and let Jane know if they have any comments or ideas to make it better.

We will be talking more about this paper later on in the meeting



2. Jane will make any changes to the paper and bring it to the next meeting.

We will be talking more about this paper later on in the meeting



3. Jane and Marie to add Di to the agenda for the next meeting for her to talk about Integrated personalised commissioning.

Di will talk about this later in the meeting



4. Derek and anybody else who has a one page profile to bring it to the next meeting to show to everyone.

Derek has bought his one page profile with him to show us later



5. Jane to write up a paper on what was talked about in the group sessions.

Jane has written up what was discussed and has used what was said to finish the paper on what empowerment means that we will talk about later.

What Empowerment means



The group looked at the paper Jane had written. This is about what empowerment means.

Michelle had shared the paper with families and had a few comments:



- Empowerment is about giving people a voice
- Can you empower somebody?
- Should it even be called empowerment, this is quite a difficult word to understand?



In hospital Lucy never had a voice but now she does and can make her own decisions

Jason read out the paper to everyone.

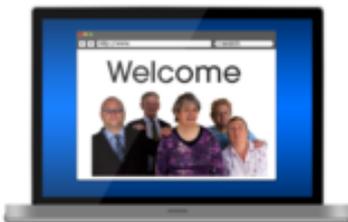
Di said that on the second page maybe we should explain what we mean by work with people in a different way.

Jane agreed to add a good description of what different means.



Other things suggested were:

- Encouragement & respect
- Support needed from NHS Services
- To mention families
- To include something about people who lack capacity



Jane will add all the changes and when the paper is finished will put it on the LGA website and send everyone the link so they can see it.

Ellie said that it is important that everyone can make their own decisions even if they are bad decisions

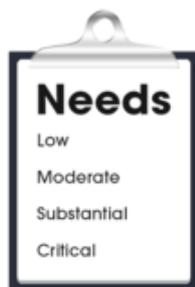


Jason said that everyone should be equal and should not get stopped from doing things they want to just because they have a learning disability.

Integrated personalised commissioning



Di said that Integrated personalised commissioning is also called IPC and is about good person-centred care and support in the community and about health and social care working together.



Di showed everyone a video on the internet which explains what IPC is about. Not everywhere is doing this yet but a list of the areas that are trying it out can also be found on the NHS website

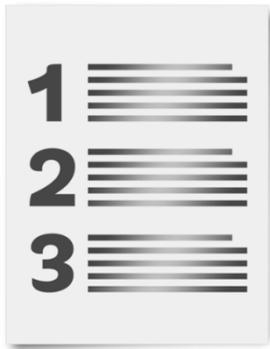
<https://www.england.nhs.uk/ipc/>



IPC is about getting support from peers, who could be friends or local people. They can work with you, support you and help find the right care and support that suits you best in your local area.



Some people may get a personal budget. IPC should give people more control over the money so they can do something different that meets their needs.



The 3 big changes are:

1. More support in the community
2. More say in your own care and support planning
3. You may get a personal budget to pay for your care.



Jane will speak to Di and Wendy about somebody who has a personalised budget coming along to a meeting to talk about it.



Marie will send everyone the link to the NHS website page on IPC.

One page profile



Derek showed everyone his one page profile.

This gives a brief description of things that are important to Derek. It includes things like how to support him.

This can be used as a tool in hospitals and will help the staff understand his needs.

Co-production tool



Everyone looked at the co-production in Transforming Care tool.

This guide has been co-produced with people from all over the country and will be sent to all TCPs.



Wendy said that it might be good to send a letter out to TCP's asking if they have received the guide and how they are going to use it. We said we would put this on the agenda to talk about at the next meeting.

Jason could also talk to the people's parliament about this.



Marie will send copies of the guide in the post to both Jason and Derek to share with others.

About Ellie and Geoff's work in the North



Ellie said that she has been working on an advocacy report to take to commissioners about top tips around advocacy. Sally Brown has written the report and a mapping exercise is also due to be done to look at what advocacy there is.

Different areas do advocacy differently and overall it doesn't seem to work well. .



Lucy had an advocate whilst she was in hospital but it felt like they did what the hospital wanted and not what Lucy wanted to do. She then got an independent advocate and it worked well.



Jason's experience of advocates is that he found them really helpful and that they listened to what he wanted. An advocate helped him at his tribunal.

Ideas for empowerment work this year



Everyone looked at Jane's presentation that showed what the group achieved in 2016-17.



She said the group needed to work out the work-plan for this year now there is a better idea of how much money we have to support the work on empowerment.



She said one of the big bits of work is the work on the “Building the Right Support” evaluation which we have talked about before. This is the work to look at how the Transforming Care programme is working and to make suggestions to improve things.

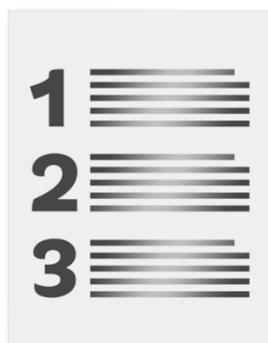
The empowerment group will be a “confirm and challenge” group so that people with lived experience are part of the work. The group agreed this was important to be involved in.



The group split into 2 and talked about what they think is important and what project work we could do around empowerment.

People had lots of ideas.

At the end the 2 groups fed back their big ideas.



Jane will take away the 2 lists and write them up.

If anybody has any other ideas please email Jane and she can add them to her list.

Things to do before the next meeting



1. Jane will make the changes to the 'what empowerment means' paper and then put it onto the LGA website.



2. Jane will send everyone the link to the paper once it is on the website



3. Jane will speak to Di and Wendy about somebody who has a personalised budget coming to speak to the group.



4. Marie will send everyone the link to the NHS website page about Integrated personalised commissioning.



5. Marie will send printed copies of the Co-production tool to Jason and Derek for them to share with others



6. Jane and Marie will put the co-production tool on the agenda for next time so that we can talk about how we

can ask TCPs how they are using it.



7. If anyone has any more ideas on how we can spend this year's money on empowerment please email Jane to let her know.



8. Jane will write up all the ideas discussed today on how we could spend the money for this year and send the paper to everyone.

Date of next meeting:



To



Monday 18 September 2017

**Layden House
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