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# Making Safeguarding Personal Toolkit

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## Practice Tool 11:

Supervision using the Ethical  
Dilemmas tool



## Practice Tool 11: Supervision using the Ethical Dilemmas tool

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Research in Practice for Adults has developed a number of resources to support **'wellbeing supervision'** [www.ripfa.org.uk/resources/supervision](http://www.ripfa.org.uk/resources/supervision), the ultimate purpose of supervision being to promote the wellbeing of adults and carers.

This is achieved through:

- > keeping adults and carers at the centre of supervision,
- > addressing supervisees' wellbeing, and
- > promoting wellbeing throughout the organisation.

**'Make sure they are ok, so we are ok.'**

(Feedback from adults and carers)

This kind of 'wellbeing supervision' demands a relationship of trust and honesty between supervisee and supervisor. It also demands critical (deep) reflection about yourself, others and the system that you work in. (RiPFA Supervision Change Project).

You can use the **Tool: Ethics and values discussion** from the Supervision Change Project to help you to explore ethical dilemmas in supervision when working with complexity in promoting people's rights and safeguarding them from harm and abuse. [www.ripfa.org.uk/resources/supervision/tools/support](http://www.ripfa.org.uk/resources/supervision/tools/support)

**Listen to** a supervision discussion between Gerry and Tish exploring an adult's right to make an unwise decision using this tool:

[https://www.ripfa.org.uk/assets/\\_userfiles/videos/downloads/resources/supervision\\_podcast\\_3-Ethical-discussion-tool-final.mp3](https://www.ripfa.org.uk/assets/_userfiles/videos/downloads/resources/supervision_podcast_3-Ethical-discussion-tool-final.mp3)