Practice Tool 15:
Anti-racist practice:
Critical self-reflection
This diagram offers a framework for exploring the terms ‘anti-oppressive, anti-discriminatory and anti-racist’ used in social work practice.

This tool is adapted from Sue Kennedy (2013) ‘White woman listening’ Chapter 5 in Bartoli A (Ed) *Anti-racism in Social Work Practice*. St Albans. Critical Publishing.

You can find out more about ‘White privilege’ on the Forum for Race Equality and Diversity Awareness website: [www.plymouth.ac.uk/schools/school-of-health-professions/freda/whiteness-and-white-privilege](http://www.plymouth.ac.uk/schools/school-of-health-professions/freda/whiteness-and-white-privilege)
Critical self-reflection

What is your lived experience of privilege and disadvantage?

How would you describe your identity?

How would you describe the context of your lived experience?

Where do you position yourself on the framework above?

Why this is and what has influenced where you position yourself?

Is there a position that you do not feel able to take?

Practice learning and development plan

How does your identity currently shape your practice in promoting the rights of others?

What next steps will you take in promoting race equality, human rights and social justice?

You can find out more about ‘Identity and Intersectionality’ on the Forum for Race Equality and Diversity Awareness website: www.plymouth.ac.uk/schools/school-of-health-professions/freda/identity-intersectionality