

Whole Systems Approach to Promoting Healthier Weight – Hull’s Journey

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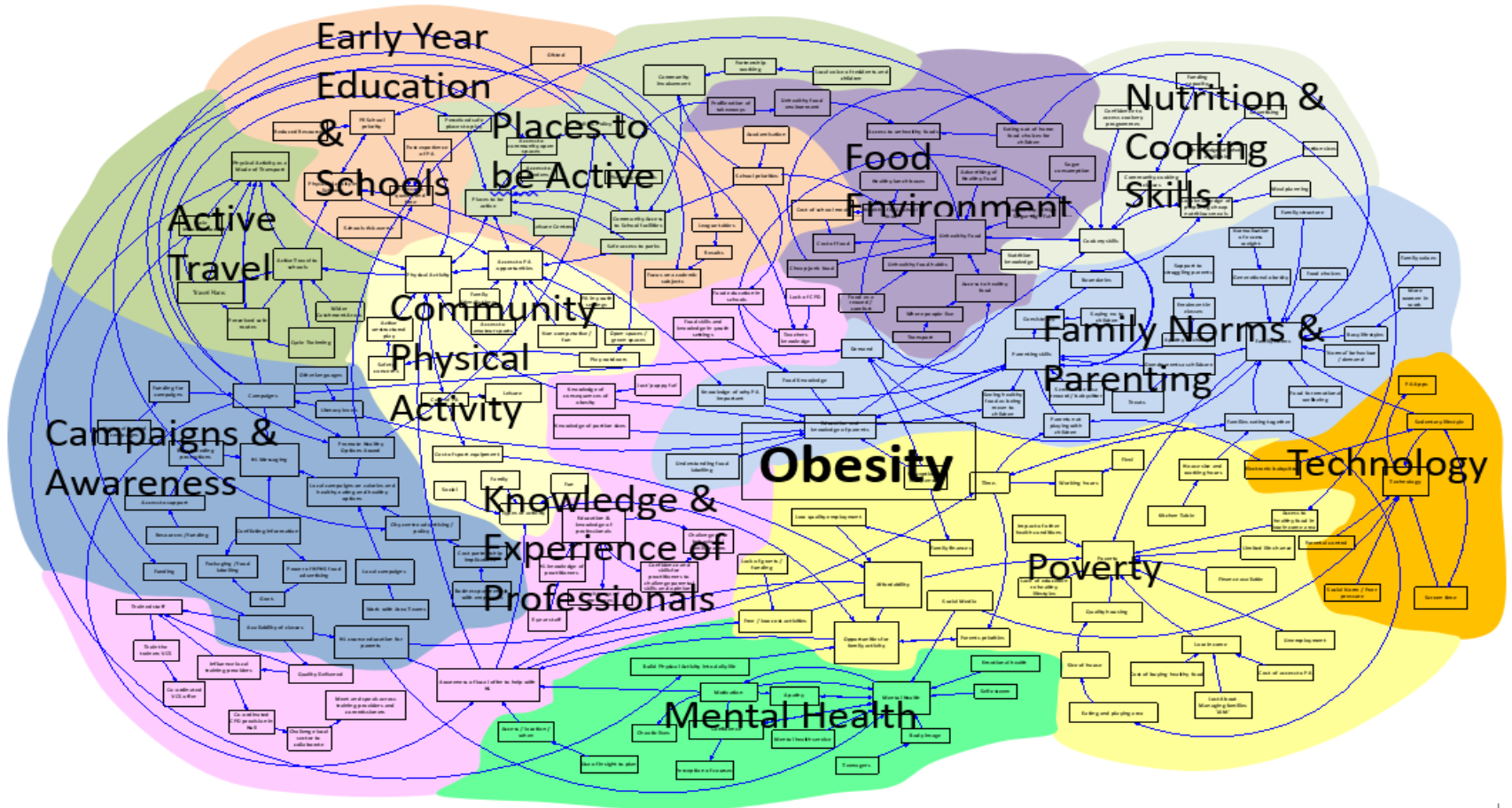
Leeds Beckett University

History – what we did

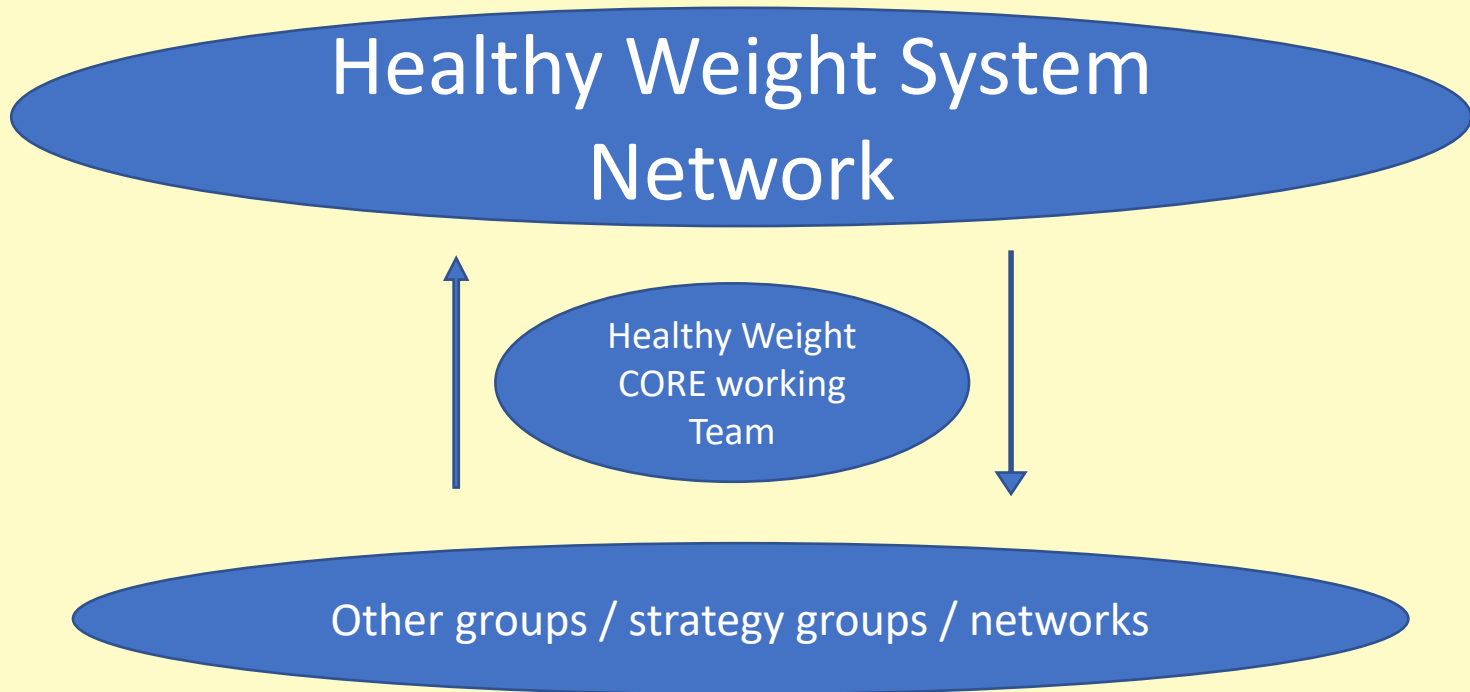
- Ongoing events to drive the process
- Alignment of our priorities and activities
- Values and principals underpin everything we do:
- Use 'systems thinking' and process to tackle complex issue of healthy weight, where there is no one single action or one person alone that can 'fix' the issue.
- Designed to be flexible, responsive, open to all, equal and galvanise action.



What have we done so far?



What WSA looks like in Hull



Our Vision: Developed at HWN #7

Our Vision: We want a place where everyone can live happier and healthier lives.

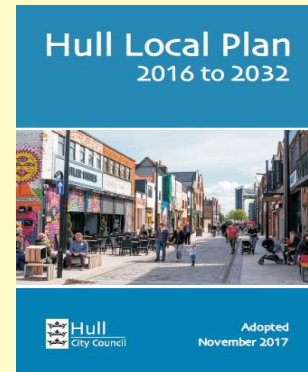
Our Mission: Our mission is to work collaboratively in partnership across the Hull system to bring about sustainable changes to healthy weight.



- Developing a vision / mission
- Focusing on structural change
- Questions considered during discussions:
 - Do organisational structures support the necessary collaborative relationships?
 - Is there duplication of effort across the system?
 - Do current organisational policies or procedures support actions?
 - Are there any areas we need to obtain a better understanding of?
 - What competing goals from different actors in the system need to be considered?

What's happened as a result?

- Healthy Places, Healthy People SPD
- Food Strategy and Network
- Alignment towards Active Hull
- Development of Services



Next steps

Widening Inequalities: National

Figure 5: **Year 6** - Trend in prevalence of obesity for children in the most and least deprived areas of England. NCMP 2006/07 to 2020/21

