Cumbria arts/culture and health outcomes triangle

Overarching strategic outcomes

Improved quality of life across life

Improved health and wellbeing across life

Increased inclusion and contribution across life

Reduction in health inequalities across life

Increased choice and control across life

Improved dignity and safety across life

Intermediate outcomes

Increased participation in learning

More people adopting healthy lifestyles and a reduction in obesity More people actively involved in community activity and local decision making

Increased equality in access to services

Reduction in drug and alcohol misuse Reduction in early deaths and disability due to CHD, stroke and cancer

Reduction in injury including falls among older people Reduction in people with mental health issues

Service outcomes

More people in paid/ unpaid work or volunteering in culture

Increased attendances and active participation by (disadvantaged/vulnerable) young people, adults and older people in culture

More local people involved in designing, commissioning and promoting culture

More people gaining new knowledge and skills through culture Increased awareness of health and well being and quality of life through culture Increased resident satisfaction with culture in their area

More organisations working together to give better value for money in the delivery of culture