



# **YEF Toolkit**

**Local Government Association**

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# The Youth Endowment Fund

## **Our Vision**

A world where no child becomes involved in violence.

## **Our Mission**

To find what works and build a movement to put this knowledge into practice.

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## PRIORITISING OUR FOCUS AREAS

1. Diversion
2. Education
3. Family support
4. Neighbourhood
5. Policing
6. Positive activities
7. Therapies
8. Trusted adults



We will  
**FUND GOOD WORK**

**Grant rounds:**  
themed, place, targeted

**World leading research:**  
data analysis, wider causes,  
current evidence

**Understand young people's lives:**  
peer research, youth voice

We will  
**FIND WHAT WORKS**

**Evaluation reports:**  
whether a funded programme worked

**Guidance reports:**  
what works in each focus area

**YEF Toolkit:**  
all that is known about what works

We will  
**WORK FOR CHANGE**

**Connect people with the evidence:**  
service leaders, frontline

**Create coalitions**  
to implement YEF guidance reports

**Build support for change:**  
policy makers, media, influencers

**BUILDING PARTNERSHIPS AND COALITIONS INCLUDING:**



Youth sector



Education



Police



Local authorities

# What does the YEF Toolkit aim to do?



Summarise research  
making it accessible and  
actionable



Support professional  
decision making with  
'best bets'



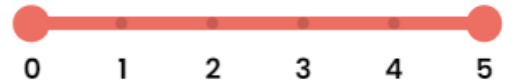
Create a foundation for  
change

# YEF Toolkit

An overview of existing research on approaches to preventing serious youth violence.

Filter by:

EVIDENCE QUALITY ?



IMPACT ?



COST ?



## Social skills training

Aims to develop children's ability to regulate their behaviour and communicate effectively.

COST

£ £ £

EVIDENCE QUALITY

5 icons (4 black, 1 red)

ESTIMATED IMPACT ON VIOLENT CRIME

HIGH

OTHER OUTCOMES

HIGH increase in **Self-regulation**

5 icons (4 black, 1 red)

## Parenting programmes

Programmes which help parents and their children to develop positive behaviours and relationships.

COST

£ £ £

EVIDENCE QUALITY

5 icons (3 black, 2 red)

ESTIMATED IMPACT ON VIOLENT CRIME

LOW

OTHER OUTCOMES

HIGH reduction in **Behavioural difficulties**

5 icons (3 black, 2 red)

# Mentoring

Mentors provide children and young people with guidance and support.

ESTIMATED IMPACT ON VIOLENT CRIME: <b>MODERATE</b> ⓘ	PREVENTION TYPE <b>Secondary</b> <b>Tertiary</b>
EVIDENCE QUALITY: 🔍🔍🔍🔍🔍 ⓘ	SETTING <b>Community</b>
COST: £££ ⓘ	THEMES <b>Adults that they trust</b>

- Estimated **moderate** impact on **reoffending** 🔍🔍🔍🔍🔍

# Is it effective?

- Desirable impact on substance misuse, behavioural difficulties, educational outcomes, and self-esteem.

Mentoring programmes have tended to have larger impacts when they:

- Work with children and young people at higher risk of involvement in crime
- Are delivered by counsellors instead of police officers or teachers.

# How can you implement it well?

## *Facilitating commitment from mentors and mentees*

- Qualities and motivations
- Targeted recruitment
- Provide training - counselling skills, knowledge of local services
- Trust and respect

## *Facilitating positive outcomes for mentees*

- Provide supervision for mentors
- Adapt to the needs of the mentee
- Involve parents or carers
- Manage terminations





**What does the  
Toolkit say?**

# The YEF Toolkit

Estimated Impact	Approaches	Evidence Quality
<b>HIGH</b> (30%+ less violence)	• Focused deterrence	🔍🔍🔍🔍🔍
	• Social skills training	🔍🔍🔍🔍🔍
	• Cognitive behavioural therapy	🔍🔍🔍🔍🔍
	• Sports programmes	🔍🔍🔍🔍🔍
	• Trauma-specific therapies	🔍🔍🔍🔍🔍
	• A&E navigators	🔍🔍🔍🔍🔍
<b>MODERATE</b> (10-30% less violence)	• Pre-court diversion	🔍🔍🔍🔍🔍
	• Relationship violence prevention sessions	🔍🔍🔍🔍🔍
	• Hot spots policing	🔍🔍🔍🔍🔍
	• Restorative justice	🔍🔍🔍🔍🔍
	• Mentoring	🔍🔍🔍🔍🔍
	• Multi-systemic therapy	🔍🔍🔍🔍🔍
	• Bystander interventions	🔍🔍🔍🔍🔍
<b>LOW</b> (2-9% less violence)	• After-school programmes	🔍🔍🔍🔍🔍
	• Interventions to prevent school exclusion	🔍🔍🔍🔍🔍
	• Parenting programmes	🔍🔍🔍🔍🔍
	• Adventure and wilderness therapy	🔍🔍🔍🔍🔍
	• Anti-bullying programmes	🔍🔍🔍🔍🔍
	• CCTV	🔍🔍🔍🔍🔍
<b>NO EFFECT</b>	• Street lighting	🔍🔍🔍🔍🔍
<b>NO CLEAR EVIDENCE</b>	• Knife crime education programmes	🔍🔍🔍🔍🔍
	• Police in schools	🔍🔍🔍🔍🔍
	• Trauma-informed training	🔍🔍🔍🔍🔍
	• Media campaigns	🔍🔍🔍🔍🔍
	• Knife surrender schemes	🔍🔍🔍🔍🔍

## Estimated Impact on Violent Crime

**HARMFUL**

## Approaches

- Boot camp
- Prison awareness camps

## Evidence Quality

🔍🔍🔍🔍🔍

🔍🔍🔍🔍🔍

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	• <b>Sports programmes</b>	🔍🔍🔍🔍🔍
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	• <b>Relationship violence prevention sessions</b>	🔍🔍🔍🔍🔍
	• Hot spots policing	🔍🔍🔍🔍🔍
	• Restorative justice	🔍🔍🔍🔍🔍
	• <b>Mentoring</b>	🔍🔍🔍🔍🔍
	• Multi-systemic therapy	🔍🔍🔍🔍🔍
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Youth sector

# The YEF Toolkit

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Youth sector

School/AP:  
refocus on  
the best bets

# The YEF Toolkit

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	• Cognitive behavioural therapy	🔍🔍🔍🔍🔍	School/AP: refocus on the best bets
	• Sports programmes	🔍🔍🔍🔍🔍	
	• Trauma-specific therapies	🔍🔍🔍🔍🔍	
	• A&E navigators	🔍🔍🔍🔍🔍	
<b>MODERATE</b> (10-30% less violence)	• Pre-court diversion	🔍🔍🔍🔍🔍	Low impact / Lack of evidence
	• Relationship violence prevention sessions	🔍🔍🔍🔍🔍	
	• Hot spots policing	🔍🔍🔍🔍🔍	
	• Restorative justice	🔍🔍🔍🔍🔍	
	• Mentoring	🔍🔍🔍🔍🔍	
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# Future topics

- Functional Family Therapy
- Stop search
- Arts participation
- Summer job programmes
- Post-custody aftercare programmes
- School exclusions interventions – update
- Restorative justice interventions – update

# Contact us:

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[ellisha.coates@youthendowmentfund.org.uk](mailto:ellisha.coates@youthendowmentfund.org.uk)

If any local authority would like to talk to us about running a deep dive Toolkit workshop in their area, please contact TJ Dairo on:

[tj.dairo@youthendowmentfund.org.uk](mailto:tj.dairo@youthendowmentfund.org.uk)

Workshops are typically in person and last between 4-6 hours. We have run them for VRUs and children's services senior leadership teams so far. We can also provide shorter on-line presentations to eg multi agency strategic groups. This would typically be as an agenda item as part of a wider meeting.