HEALTH INEQUALITIES

ROUNDTABLE 2 OF THE COMMISSION

CHAIR: BARONESS LOLA YOUNG

1 CULTURE LIVERPOOL

CLAIRE McCOLGAN

- Doorstep theatre
- Visible Virals
- Creative workshops
- Free photography
- Outdoor cinema

- REDUCE SOCIAL ISOLATION
- PROMOTE IMPROVED WELL-BEING
- EMPOWERING RESIDENTS

CINEMA

2 DASH ARTS

MIKE LAYWARD

- Lack of disabled curators
- Understanding of disabled artists and disability art
- Future creators programme
- Importance of digital accessibility

'WE SHOULDN'T GO BACK TO WHAT WAS BEFORE'

WE ARE INVISIBLE
WE ARE VISIBLE

WYSING ARTS CENTRE

HANNAH WALLIS

IT'S ONE THING TO BE INVITED TO THE TABLE AND ANOTHER TO STAY AT THE TABLE

Staying at the table

Without Dash Arts we would not have been able to implement any of the work.

3 MUSIC for DEMENTIA

HANNAH McLENNAN

MUSIC THERAPY REDUCES AGITATION AND NEED FOR MEDICATION IN 67% OF PEOPLE WITH DEMENTIA

- Greater collaboration and leadership
- More education, more community access
- Power of music commissioner
- Government task force
- Major public awareness campaign
- Online resource available to all

MANCHESTER CAMERATA

LIZZIE HOSKIN

- Purpose: music for change
- Social impact plan
- Giving people a voice
- Weekly monastery music cafe
- One-to-one & group sessions for carers
- Partnership with university

HOW COULD WE TEACH PEOPLE TO USE MUSIC FOR HEALTH AND WELLBEING?

MAKE MUSIC MORE ACCESSIBLE

ACCESS TO WORLD CLASS MUSIC MAKING

Taking culture into people's homes

IMPORTANCE OF CULTURE FOR POSITIVE SOCIAL MOVEMENT

IT WAS AN AWFUL TIME, BUT THERE'S HOPE TOO

WE WANT TO IMPROVE MILLIONS OF LIVES

IMPORTANCE OF PARTNERSHIPS

POWER OF HERITAGE

Culture should be at the heart of everything we do

HEALTH & WELLBEING IN YOUNG CHILDREN & ADULTS

LEARNING TO BE OUTSIDE AGAIN POST-PANDEMIC

MENTAL HEALTH

DISPROPORTIONATE IMPACT of PANDEMIC

ETHNIC MINORITY GROUPS WERE MORE GREATLY AFFECTED BE THE PANDEMIC THAN WHITE BRITISH PEOPLE

GIVING PEOPLE CONFIDENCE TO COME BACK TO VENUES, WORK, HIGH STREET.

WHAT ARE THE KEY THEMES?

ARTISTS WANT TO WORK

COVID ACCELERATED THE USE OF TECH

ARTS AT THE HEART

- Ensuring heritage is included in the definition of 'culture'
- We proved economic viability and wellbeing viability
- The council recognises the worth of culture
- Consistent funding
- Placing art at the heart of a council
- Strong community arts centres
- Respite for carers, saving for councils

QUALITY

IMPACT IS ONLY GREAT WHEN HIGH QUALITY WORK IS PRODUCED

WHEN COMMISSIONERS KNOW WHAT QUALITY LOOKS LIKE, IT RAISES EVERYONE'S GAME.

ACCESSIBILITY

- Hands-on support for digital inclusion
- Ensure intersectionality - the most isolated are from ethnically diverse communities and LGBTQ communities.
- Small groups of artists who work from home for reasons of mental and physical health, formed their own group that without Zoom couldn't exist.
- Going beyond the 7 Inclusive Principles
- As things moved out of lockdown, loads of streaming access opportunities started to disappear.
- People who are normally isolated were suddenly connected up to the world.

OPPORTUNITIES

- The public understanding of the drivers of ill health has really increased during pandemic
- We need to be really clear about the direct physical and mental benefits of participation in the arts. We've got some really good areas of evidence where we can show that, and we should be shouting about that.
- In framing, we need to think about the areas where we might try more similar approaches in different areas and do some natural experiments.
- With the new Health and Care act 22 , there will be new duties on integrated care boards to think about, with their partners, about the ways in which integrating can help to reduce health inequalities.
- There's a real important window of opportunity for the discussion about culture and heritage being a part of health.
- What are the opportunities in social prescribing?

PARTNERSHIP

- Collective power
- What are essential components of partnerships?
- Partnership with Universities, NHS, public health Police...
- New, integrated, resilient partnerships.
- Culture benefits from partnerships with better funded organisations.
- We need long-term partnerships for long-term strategies.
- Some corporate organisations want to partner up.
- Big and small organisations came together during pandemic.

NARRATIVE

- We need to speak the language of prevention.
- Recognising culture as community asset and buiding resilient communities
- Encompassing green futures and young people and their needs.
- Using power of social media as ground support for young people. (Tik tok, Instagram).
- There are plenty of ways to make narrative.
- Embedded heritage
- Having a strong narrative about value of digital offer and access
- Why do we have to keep making the case?
- What evidence is needed to convice health partners?
- How to pitch narrative to different audiences?

Some people spontanesouly get up and dance and others get up and sing. Some only tap their feet and that's dancing too.

MUSIC, DANCE AND MOVEMENT CAN HELP PEOPLE OUT OF DARKNESS

ARTIST WANT TO SHOW THEIR WORK

THERE ARE FEW DISABLED CURATORS AND CURATORS HAVE A BIG INFLUENCE ON WHOSE WORK IS SHOWN AND THE UNDERSTANDING OF DISABLED ARTISTS AND DISABILITY ARTS

CULTURE IS A COMMUNITY ASSET

CREATING INCLUSIVE CULTURE FOR EVERYONE

HOW CAN COUNCILS BETTER SUPPORT CONNECTION?

PROVIDING JOBS

GOOD QUALITY ACCESSIBLE RECRUITMENT IMPORTANT for WELLBEING

COUNCILS ARE BIG EMPLOYERS AND A BIG STEP FOR PEOPLE TO WORK IN ARTS

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