Joining the dots

Are parenting programmes the key to integrated local family support? Associate Professor Matt Buttery Chief Executive Officer matt.buttery@triplep.uk.net







- Scale of the challenge
- Rationale for parenting as a golden thread
- Parenting support service configuration
- Towards an integrated and population health led approach

Safeguarding Pressures: Change in children's services activity

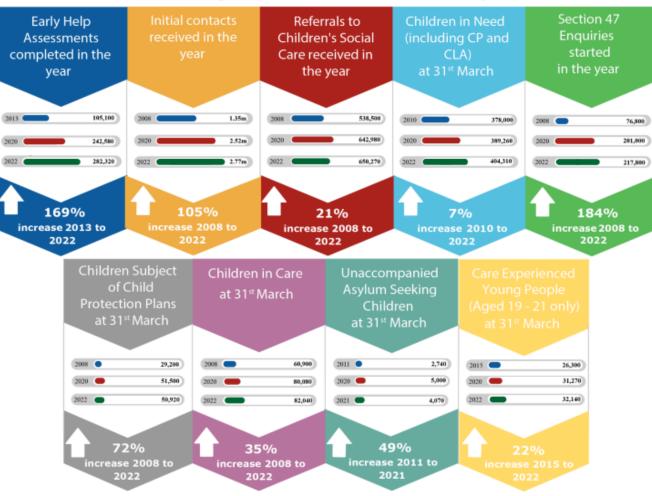




Figure 13: Where nationally available data is not available, results from responding authorities has been extrapolated to an all-England total based on proportion of population covered. Source of latest data for Early help assessments, Initial contacts, Children in Care, UASC and Care Experienced Young People: SGP8 respondents.

20 ADCS Safeguarding Pressures Phase 8 – Interim Report

Safeguarding Pressures Phase 8 | ADCS

Context: Wide number of policy's often addressing discrete elements; fiscal / human capital challenges



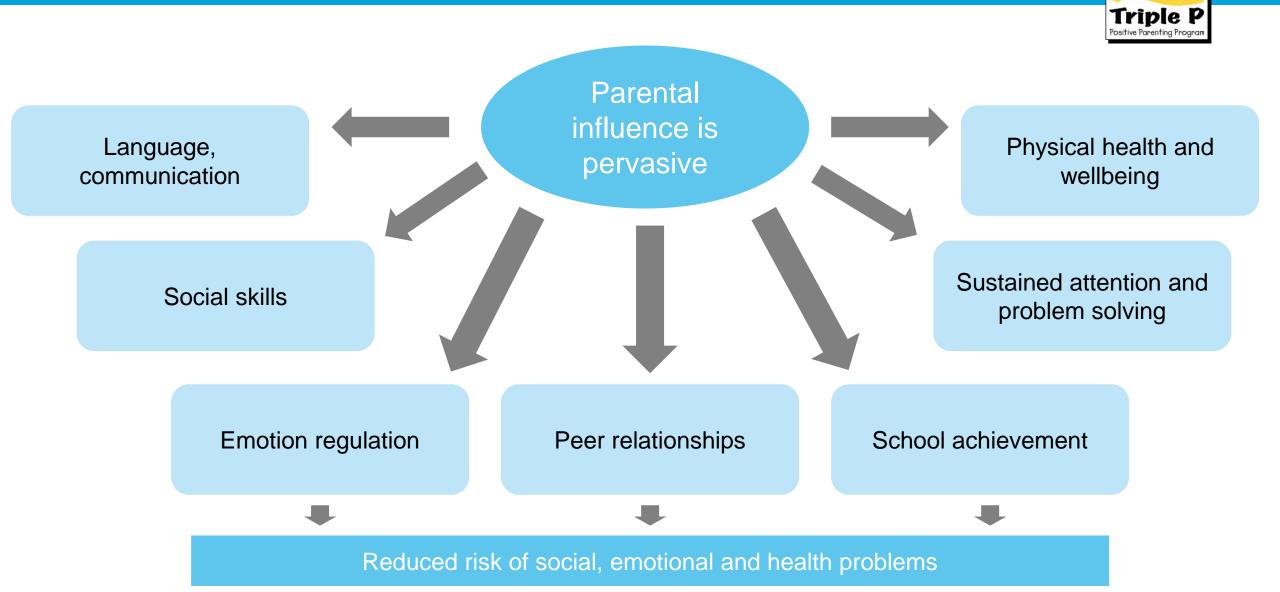


Challenge: how can we use available resources and impetus to ensure a cohesive and joined up system of support that works for children and families

Parenting as a golden thread for service design & delivery

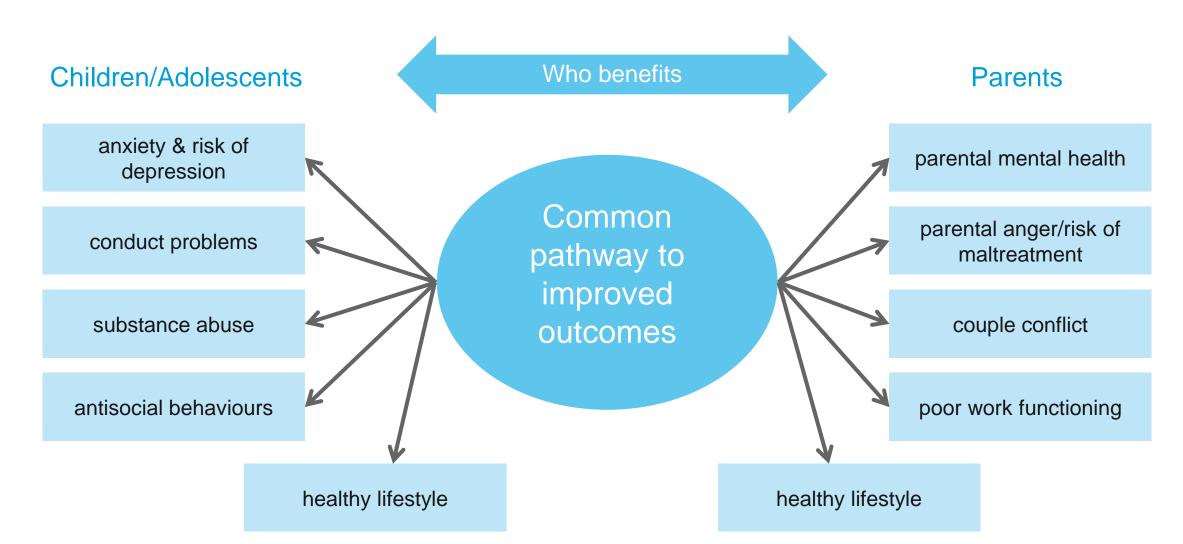


Why is parenting important?



Evidence-based parenting programs concurrently address multiple problems





Models of Triple P deployment (inc: pros / cons)



Single Service Area

Early Help Delivery of Family Transitions for RPC

Inclusion Team Delivery of Stepping Stones Youth Justice Service- Delivery of Standard Teen

Models of Triple P deployment (inc: pros / cons)



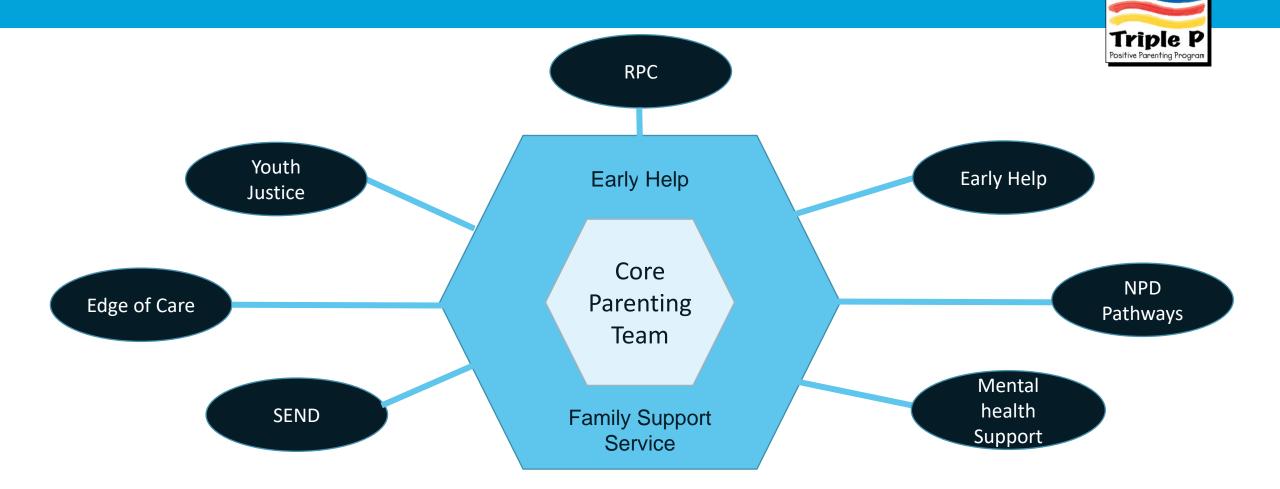
Multiple Services / Teams

Children Centre Early Help (Universal offer): Level 3 Discussion Groups & Level 4 Group

Supporting Families Targeted Teen Parenting Team: Level 4 Group Teen & Standard Teen

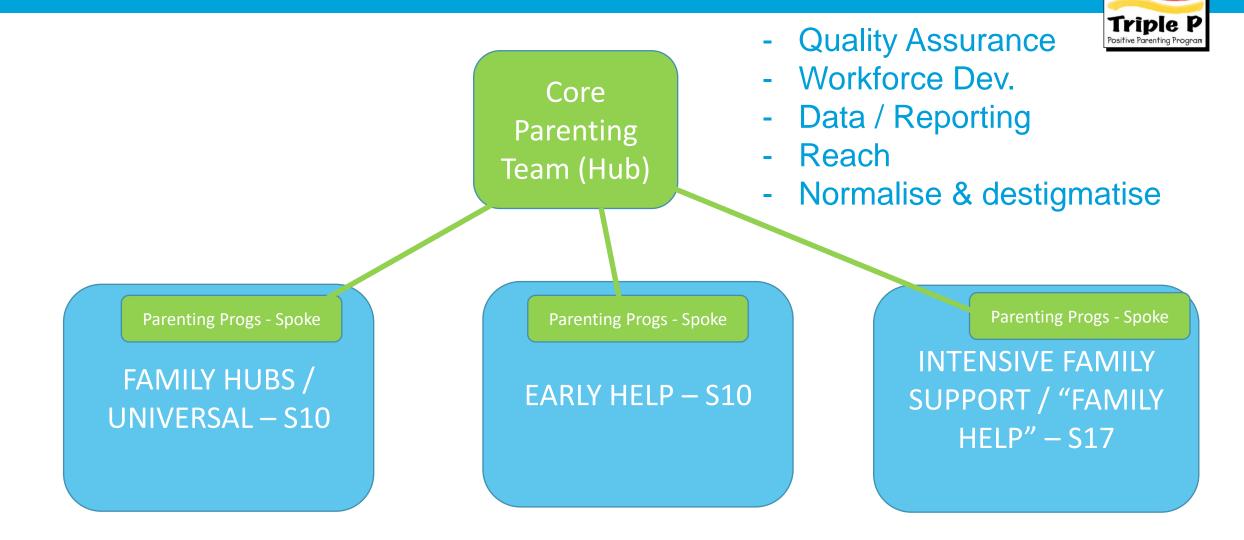
Youth Justice Service: Delivery of Level 4 Standard Teen

Models of Triple P deployment (inc: pros / cons)

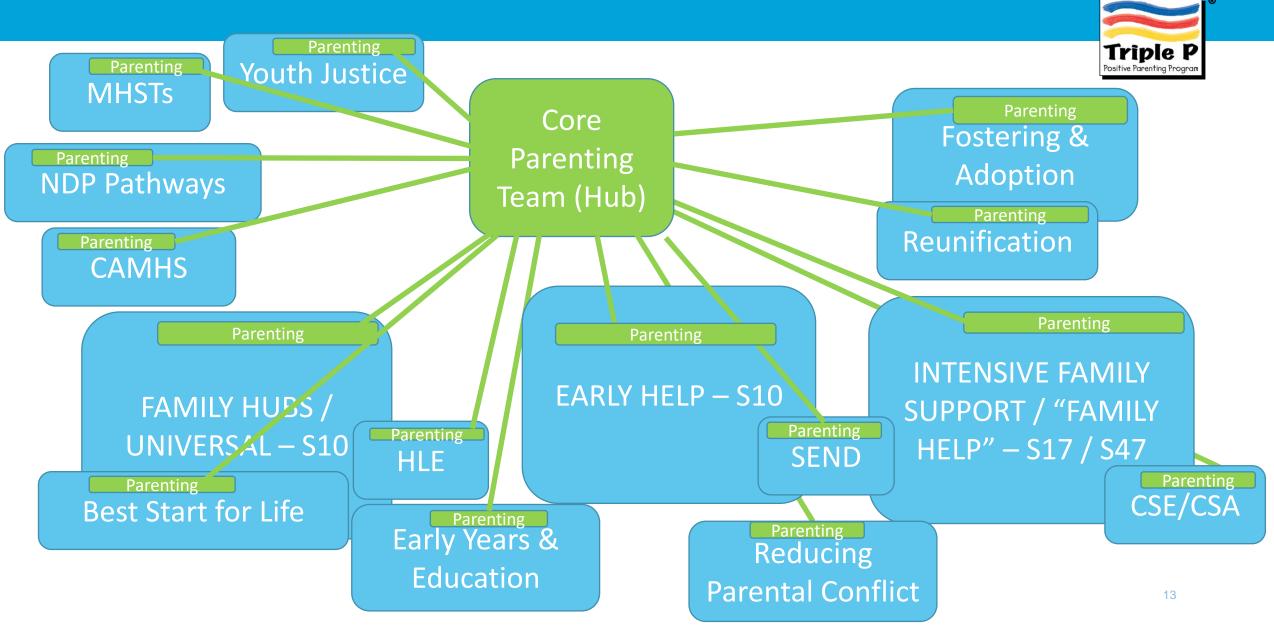


Core Team co-ordinating model (multiple levels of Triple P)

Models of Triple P deployment – Joining the Dots



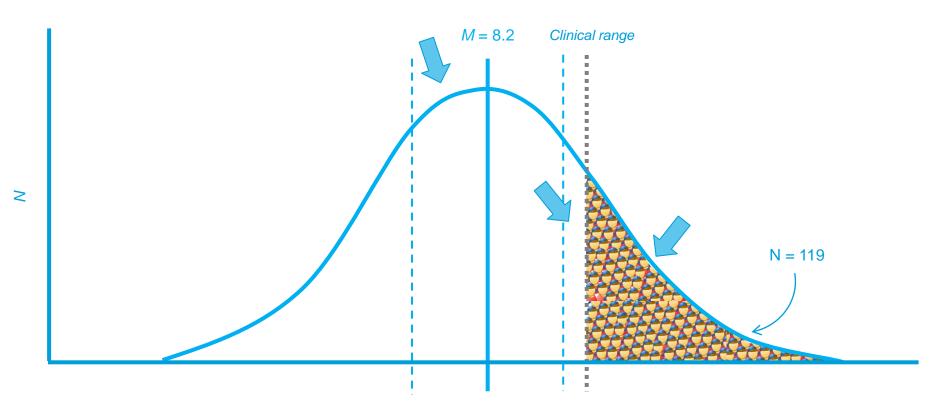
Joining the Dots



Why we need a public health approach

Children in the clinically elevated range on the SDQ (N=1,500)

Triple P Positive Parenting Program

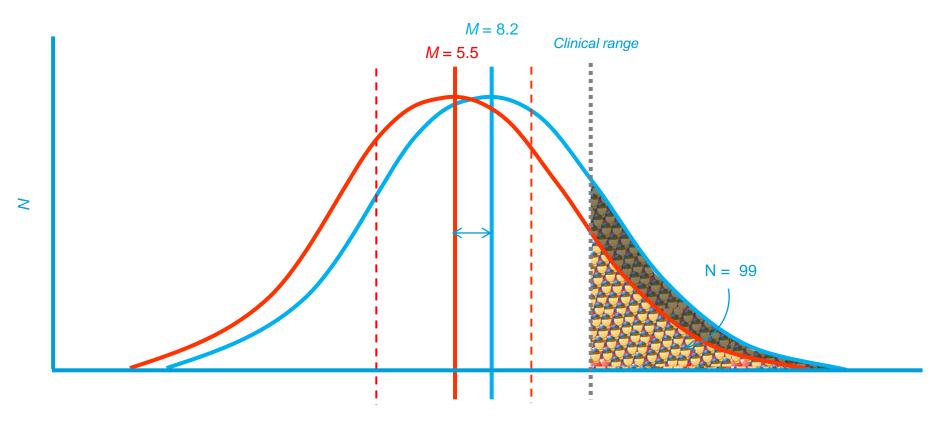


Scores

Small changes in populations have big impacts on high levels of need



What if we could lower the population mean by 0.5SD



Scores

Thanks for listening, for more information: -



- Triple P UK Website inc. Case Studies: <u>www.triplep.uk.net</u>
- Triple P UK Parent Website: <u>www.triplep-parenting.uk.net</u>
- Triple P evidence base: <u>www.pfsc.psychology.uq.edu.au/research/triple-p-evidence-base</u>